

The Mystical Interpretation of Christmas

By MAX HEINDEL



THIS BOOK gives the OCCULT FACTS about what CHRIST did and is doing for the earth and humanity. Also information on the NEW ELEMENT which will supersede oxygen in our air, and the NEW SUBSTANCE to replace albumen in the body.

Chapter Headings

The Cosmic Significance of Christmas

Spiritual Light-The New Element and the New Substance

The Annual Sacrifice of Christ

The Mystic Midnight Sun

The Mission of Christ and the Festival of the Fairies

The Newborn Christ

"Christ, the Great Spirit, ushered in a new era in which the nations established under the regime of Jehovah will be broken to pieces, that the sublime structure of Universal Brotherhood may be built upon their ruins."—Page 45.

A worth-while Gift-at the cost of a Greeting Card!

51 PAGES

INDEX

ART PAPER COVER

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Contents

A New Year Toward a New Age		The Children of Capricorn, 1945-46	28
Max Heindel THE CURRENT OUTLOOK—	2	Reading for a Subscriber's Child:	
Adaptability vs. Crystallization		Consuela B. T.	30
Kittie S. Cowen	3	Vocational Training Advice	31
THE MYSTIC LIGHT—	,	MONTHLY NEWS INTERPRETED-	
The Story of a Refugee	aliment.	Diagnosis by Television	32
Fritz Mueller-Sorau	6	What Every Child Needs	32
Refuge (poem) Della Adams Leitner	9	READERS' QUESTIONS-	
Escape or Security? Emily Lortcher		The Scope of Healing	34
The Old and New Katharine H. Poor I God Speaks (poem) Ida Smith I		The Soul and the Soul Body	35
Thought—a Creative Force	14	NUTRITION AND HEALTH—	00
Dorothy Jennings	13	Why a Vegetarian Diet? G. Mercan	26
The Wheel of Life A. R. Bomar		HEALING—	30
Behind the Dawn (poem) Ethel Peake 1	19		14
MAX HEINDEL'S PAGE—		Partnership with God	41
Christian Mystic Initiation (Sixth		Patients' Letters—Healing Dates	41
	20	CHILDREN'S DEPARTMENT—	
	22	Little Oliver Earthworm	
	23	Mrs. Eugene T. McCov	43
ASTROLOGY DEPARTMENT—		CENTER ACTIVITIES	47
Astro-Guide to Veterans' Rehabilita-			160
tion Dr. A. J. Haworth	24	Mt. ECCLESIA NEWS	46

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A New Year Toward a New Age



It is evident that a NEW AGE is to be ushered in when the sun enters the constellation, AQUARIUS, the Waterbearer, a few hundred years hence. Judging by the events of the past, it is reasonable to expect that a new phase of religion will supersede our present system, revealing HIGHER AND NOBLER IDEALS than our present conception of the Christian religion. The fleshless and non-alcoholic diet of the NEW COVENANT will be in vogue and an ERA of ALTRUISM will dawn.

When the sun by precession enters this sign ruling the ethers, AQUARIUS, the rest of the moisture will be eliminated and VISUAL VIBRATIONS, which are most easily transmitted by a dry etheric atmosphere, will become more INTENSE; thus conditions will be particularly conducive to production of the slight extension of our sight necessary to open our eyes to the ETHERIC REGION.

THE PROGRESS OF PREPARATION for the Aquarian Age has already commenced, and as AQUARIUS is an airy, scientific, and intellectual sign, it is a foregone conclusion that the new faith must be rooted in REASON and able to solve the RIDDLE OF LIFE AND DEATH in a manner that will satisfy both the MIND and the RE-LIGIOUS INSTINCT.

The world must be leavened with these AQUARIAN AGE IDEAS:

- (1) Conditions in the land of the living dead are not shrouded in mystery, but knowledge regarding them is as available as knowledge concerning foreign countries from the tales of travelers.
- (2) We now stand close to the threshold where we shall all know these truths.
- (3) We shall hasten the day in our own case by acquiring knowledge of the facts concerning the post-mortem existence and the things we may expect to see, for then we shall know what to look for, and neither be frightened, astonished, nor incredulous when we commence to obtain glimpses of these things.

IN THE AQUARIAN AGE there will be no privacy which may not be broken into by anyone who desires to see us. This means that in the NEW AGE honesty and straightforwardness will be the only policies worth-while, for we cannot then do wrong and hope to escape detection. COURAGE OF CONVICTION, STRENGTH OF CHARACTER, and kindred virtues will then make man truly the King of Creation, worthy of the TRUST and CONFIDENCE of the lower orders of life as well as of the love of the Divine Hierarchs above.

-MAX HEINDEL.

The Current Outlook

FROM THE ROSICRUCIAN VIEWPOINT

Adaptability vs. Crystallization

By KITTIE S. COWEN

T the present time we hear a great deal about "going back to the good old days," and so, many thinking people are beginning to wonder just what the "good old days" advocates really mean, and just how far back they desire to go. This for the reason that the alert, modern man and woman who are studying present world conditions know that almost any kind of a backward movement is simply impossible, for the very reason that all true progress in the world is accomplished by moving forward, the best of the old being preserved only by incorporating it into the new.

The people of the world today are facing conditions, the tremendousness of which, less than a decade ago, they would have considered little short of miraculous; and other contingents even greater and much vaster in scope are already looming up in the immediate future. The very nature of evolution is transforming, onward and upward forever; and those who are incapable of adapting themselves to their everchanging environment will find that they have crystallized to such an extent that they will be unable to go on with their evolution during this particular period of their lives.

Under the ever changing conditions in which we are living we find first of all that national isolation is absolutely a thing of the past. Modern inventions like the radio, radar, airplane, et cetera, have conquered both time and distance almost completely; and the radio of the air has already, to a great extent, replaced the daily newspaper, and marvelous inventions are coming into existence so rapidly that old, outmoded utilities are practically no longer of any real value. For instance: in the phonographic field the old familiar disc records are being replaced by a combination of two spools to one of which is attached a fine steel wire which unwinds from one spool to the other, the wire carrying the tone. An entire symphony can be played from a single spool, the possible length of recording depending on the length of the wire used. A spool about four inches in diameter holds approximately two miles of wire and records for some sixty minutes. It is possible to build sets that will record for eight or even more hours; and the ordinary model will probably run for at least two hours.

Then there is this new reverse-cycle refrigerator beginning to be used in many office building by means of which all rooms are being heated and cooled, as the case requires, the entire year round. In the apparatus used, no fuel is burned. The heat obtained is nature's free

The Current Outlook ...

gift and owes its source either to out-of-door air or to well water, depending on the climatic conditions; the only real cost being the electricity used for running the pump.

New educational films have been developed, the study of which gets results in one-tenth the time it usually requires to sit through a

lecture presenting the same information.

Many of the new automobiles will have wings which they can shed or fold up at a moment's notice and travel along as usual on an ordinary road. The body of these skycars looks very much like that of any other streamlined car. The speed of the car when flying is about one hundred and fifty miles per hour.

Before the war the farm produce that ranked highest was produced by the dairy, and one of the greatest waste by-products was skim milk. Right now a company in Connecticut is manufacturing ten million pounds of skim-milk wool called Aralac. This synthetic wool is being used in the manufacture of clothing and costs less than any other textile fiber now on the market. And the casein in milk when given a certain treatment can be made into a substitute ivory, rubber, and a good plastic.

Another new product beginning to appear in textile fabrics is



called ramie which is said to be ten times stronger than hemp or flax. Ramie has less stretch and shrinkage than either rayon or wool and resists water much more effectively. In fact this fabric has a durability that is almost beyond comprehension. This textile is manufactured out of Russian dandelion, milkweed, goldenrod, and Southern pine.

The original purpose of farm chemurgy was to find a market for surplus farm products; but it has developed far beyond its original aim. For instance: through it valuable use has been found for weeds, rubbish, and refuse of almost every kind.

Chemists have been getting milk from soy beans for years, which milk has been shown to have the valuable food elements contained in meats, cheese, macaroni, breakfast foods, sweet milk, buttermilk, and crackers. Most of the soy bean foods are found to be richer in vitamins, proteins, and minerals than are many foods for which they are used as substitutes. The skill of the chemists has already turned soy bean products not only into a large variety of foods, but into something to wear, something in which to ride, something to keep out the rain, and something even to relieve liver distress; and the end of the use of this product has not yet been determined.

Then there is the new visible speech apparatus described in one number of the November *Newsweek* from which we print an excerpt: "Last week, the Bell Telephone Laboratories, New York, announced a new technique for making speech visible, by means of which the con-

- The Current Outlook -

genitally deaf of all ages can really learn to talk. The method, demonstrated for *Newsweek* by Edgar Bloom, Jr., a totally deaf employee of Bell Laboratories, is nothing more than a phonetic language, thrown on a screen in the form of distinctive patterns, one for each consonant and one for each combined consonant-vowel. People trained to read these graphs can eventually recognize them as readily as they do letters of the alphabet or notes on a musical staff.

Gardening without soil is another new innovation already evienced by hydrophonics—the science of soilless agriculture. In many localities in Europe and also in the United States, the earth's soil has lost most of its powers of productivity; but by means of this new discovery, crops including tomatoes and other vegetables are not only produced quickly, but in great abundance in a water tank under glass. Varieties of chemical nutrients are placed in the water to feed the roots of the growing plants. The amounts of elements necessary for the growth of each type of plant has been determined by agricultural chemists and botanists. These scientists have discovered that the plants worked



with need definite amounts of calcium, phosphorus, nitrogen, iron, et cetera. Some of the needed elements, though small in quantity, are quite necessary, as without them it has been discovered that the plants sicken, and then die.

The seeds used in planting are started on a wire netting, and as the tiny white roots burst through the exterior seed coating, each little rootlet finds its separate way into the nutrient solution, and nourishment for the growing plant is quickly absorbed by it, making the growth of the

plant both vigorous and rapid. The attention required by these hydrophonic greenhouses amounts to very little, and all hard labor is avoided. Furthermore, the constant war on parasitic insects is eliminated.

Then there is the great force so lately discovered, and released, in the mighty atom, and its tremendous possibilities, among which is the power to give man practically complete control over his environment. The future use of atomic power is apparently without limitation, and it appears to have the ability to revolutionize the life of the entire world; for it is destined to permeate every form of creation, and every activity—political, social, scientific, economic, and philosophical.

Crystallization has had its day. It prevents all forward movemnet and leads ultimately to disintegration. Adaptability tends to promote progress and furthers growth and expansion. Creation is moving out of density into a more ethereal condition. Already it has passed the nadir of solidity, and is emerging into the dawn of a new age wherein old things will have passed away and a universally enlightened humanity will have become established in its place.



THE MYSTIC LIGHT

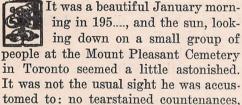


The Story of a Refugee

By FRITZ MUELLER-SORAU

There are certain events which to each man's life are as comets to the earth, seemingly strange and erratic portents; distinct from the ordinary lights which guide our cause and make our seasons, yet true to their own laws, potent in their own influences.—Lytton.

(IN Two PARTS—PART ONE)



to the usual sight he was accustomed to: no tearstained countenances, no eyes swollen with crying, no lamenting or wailing. Although the mourners were grave, nevertheless, there shone from their faces a hidden happiness. I would almost call it a radiation whose source could only be in an inner certainty.

The clergyman who had conducted the funeral seemed to feel this, too, for just as he was going to leave the grave-yard, he turned to one of the mourners. "Mr. Frank," he said, "I should like to talk to you. Could you come to my home this evening?"

The young man addressed, who was about thirty, replied regretfully that unfortunately he could not, for he had several things to settle for his children—and with this he pointed smilingly to a boy and girl in their teens—"but I shall gladly come tomorrow

afternoon or evening, if it is convenient then for you?" They agreed on that evening, and then they parted.

Punctually to the minute the next evening, Peter Frank rang the clergyman's door bell. The clergyman answered the bell, and led his guest into his study.

"I am very glad that you have come, for I should like to ask you something. Naturally you can answer or not, just as you wish."

"I will readily answer your questions, if I am in a position to do so. I think I understand why the burial of our mother yesterday should appear strange to you—or may I say—even singular."

"You hit the nail right on the head," the minister answered quickly. "You see, I have lived nearly a whole generation in this parish, and have attended many of my flock when the end came; but the interment yesterday seemed to me extraordinary. It was almost as if my words were superfluous; as if I myself were more in need of them than you. Tell, me, what is your secret?"

"Indeed, there is no 'secret' at all!
... or you may be right," Peter added

musingly after a pause, "if you wish to call a secret that which really should be self-evident to every human being. I think the simplest way to make clear what I want to say is by telling you a story.

"You can gather by my accent that I was not born in Canada. Yes, my mother, whose mortal remains we laid in the grave yesterday, was not my real mother; she was more than that. I was born in Germany in 1925. You see, it was just a few years after the first World War. Economic conditions were favorable, the country was slowly recovering after the severe years of war and the following inflation, and we lived in a small town in Upper-Bavaria near Munich. In Germany we have an adage we use if something goes wrong: 'Next time I shall be more careful in the choice of my parents.' Well, it seems I, at least, had not been careful enough, for although my parents were not too badly off in regard to material things, and though everyone who knew them respected and esteemed them, they were burdened with one handicap which in a few years proved worse than if they had committed murder. were Jews!

"I was eight years old when the Nazis came to power. Apart from small gibes which we overlooked, we were left alone during the first year. Business was flourishing-it was the beginning of the period of open rearmament—and there was no necessity for 'Jew-baiting.' That is reserved as a 'time-honored' safety valve when things need to be covered up. But only too soon it turned out this safety valve needed to be opened. One decree after another was issued, one means of our livelihood after another was cut off; yes, not even common school education was possible any more. I was forced to leave high school. and studied at home with a friend of mine. I must confess that we didn't work very hard, for neither of us was overly industrious.

"At any rate, my parents soon saw that this could not go on indefinitely. By the help of some committees, they were able to get me a place at a boarding school near Paris. I was ten years old when I left Germany. Father and mother brought me to Cologne. This was the last time I ever saw them. . . .

"Children forget quickly. Life at school, the new environment, new friends, and the new impressions soon made the past seem like a bad dream. Only the regular letters of my parents bore witness to its reality.

"Surprisingly soon I picked up the language. If you hear nothing but French for twenty-four hours a day; and if you are young and impressionable, if you have an ear for languages, and above all the will to learn, you make headway. I have just told you I was no model pupil; but emigration had changed me. Thrown out of the security of home, I soon found out you have to learn and understand if you wish to keep alive. My will power had been awakened, and—heaven be praised, it has never failed me since.

"Those were beautiful years. During the summer holidays, I made long trips with my chums, partly on foot, hitchhiking, partly on our bikes, and we saw a lot of France. The biggest thrills of the winter were the performances in Paris at the Grand Opera which we attended every fortnight.

"Months and years went by, and the soul-subduing pressure of the past dissolved in the peaceful atmosphere of this old French town. Besides this, I hoped that some day my parents would be able to leave Germany, too, and that we would be able to live together in France or in any other country, or that I would return to Germany when the Nazis were no longer in power. But suddenly I was aroused from my day-dreaming. Blow upon blow came. In November 1938, during the pogroms in Germany, my father was arrested and thrown into a concentration camp. My

mother did her utmost to get him out of that hell, and her efforts were at last successful in the spring of 1939. But excitement and anxiety had shattered her always delicate health. Only a few weeks after father's return, she left this earth plane. September 1939 came the declaration of war. German forces invaded Belgium and the Netherlands, and soon they were on French soil. I don't need to tell you the single phases of that fight, you yourself will remember them as well as I. Daily informed by the broadcasting of the irresistible advance of the German "wehrmacht," and rumors telling about a withdrawal of the English Expeditionary Force, it became evident to me that I couldn't stay there any longer. With a French friend of mine who was two years older than I, we left the school secretly, and

tried to make our way to England. We knew we had no time to lose, so early on the morning of the next day after our resolution was made we left the house which had been our second home for such a long time. Our equipment was simple and put on the carrier

of our bicycles: two woolen blankets as a protection for the night, a few handkerchiefs, two or three books, a map of France torn out of the school atlas. a small zippered bag with a toilet set, and a few other personal things. In a ruck sack we had a water flask, and as much bread as was possible to carrydry biscuits, raisins, and chocolate, so that we could hope—at least for the first few days-not to go hungry, for although we had some money with us, we didn't know how long it would take us to get to the coast, and moreover whether it would be possible at all to buy anything on the way. Our foresight proved exceedingly useful. nearer we came to the English Channel, the more crowded became the highways. We passed the nights in the open air, or if we were lucky, in a barn, but neither night nor day did we get any rest. The German bomber planes did their utmost to make life an inferno. But, as if by a miracle, we both arrived at Dunkirk without the smallest injury or wound, though hundreds, perhaps even thousands, died around us. There was no time to bury them. We put them into the ditches by the roadsides, offered a prayer, and went on. Human life was very cheap in those days. It is astonishing how the permanent sight of death and dying can benumb a man.

"Good luck favored us at the Channel, too. An English schooner took us on board, and brought us safely to Dover. Believe me, we drew a sigh of relief when we set our feet on English soil, and after many days of dry bread and water got something decent to eat.

"But now fate separated me from my

friend. He, a Frenchman by birth, joined the Free French movement of General de Gaulle; I as a German was interned, although I was able to prove through my papers that I had left Germany in 1935, and what's more, that I was a Jew. As a precautionary meas-

ure, the English Government interned at that time almost all the refugees, fearing that Nazi agents were among them, who in the event of a possible invasion naturally would become most dangerous. So at first I was sent to a camp near London, then to a second one close to Liverpool, and then one fine morning we were stowed away on a steamer, destination unknown! Bets were made. Every possible and impossible place on the whole globe was mentioned as the most likely destination of our voyage. After seven days of a quiet and uneventful cruise we came ashore at Quebec, and soon we were deep in Canada safely behind barbed wire. We were the first 'prisoners of war' to come to Canada!

"Why should I talk at length about it? To cut a long story short: about



one year later our position was cleared up. At least we were recognized for what we really were: refugees who had fled from the Nazis. Through the help of refugee committees I found a sponsor, and thus I was released from the internment camp toward the end of 1941, in order to finish my schooling at Hamilton, the home of my new guardian.

"And now commences the particular wonder of my life. I found the 'secret,' as you called it at the beginning of our conversation. It was on a spring morning the following year, as I went to school. There I saw on the front steps of a small house in one of the alleys, a cat. It was a wonderful, symmetrically marked Persian cat, a real beauty. She lay there contentedly, with her four paws stretched out in the warm morning sun, as lazy and as graceful as only a cat can be. But the strange thing was that she was exactly like my pet I had had at home. When I left for France, naturally I couldn't take her with me, and now I suddenly remembered that my mother had written to me about half a year after I had left that 'Mi' had died unexpectedly and without apparent cause.

"I was standing as if nailed to the spot watching the cat for a long time. Then I called timidly 'Mi.' She opened an eye, winked at me, and closed it again. I called 'Mi' for a second and third time. She got up yawning majestically, and came with slow steps to me, and she even let me caress her. On this morning I was late for school for the first time.

"One day I made the acquaintance of the owner of the cat, Mrs. Mary Frank. She had watched me several times, and she told me how astonished she herself was at the familiarity of her cat toward me. 'Kitty' was usually very reserved with strangers, and she was shy and unobtrusive as it should be with an aristocratic Persian cat. I told her about my cat, and then I added for fun: "Perhaps she is really my cat born again. They say that all human beings come back again to this earth, why shouldn't it be so with animals, too?" Mrs. Mary looked smilingly at me, but then she replied seriously, "You may possibly be nearer the truth than you suspect. Come and visit me sometime, when you feel like it."

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Refuge

By Della Adams Leitner

They have no power to thwart me,
The evils that appear.
A greater force is present,
Omnipotence is here,
And I in calmness claim it,
My heritage divine,
This promise is my fortress,
"All that I have is thine."

vary through walch we have victorially

"Be still and know," my refuge,
Then in the light which glows
The forms that lurk in darkness
Are proven phantom foes
That disappear as shadows,
And I am strong and free,
In surety expressing,
"Not I but Thou in me."

Traditionally the New Year is a time

Escape or Security?

By EMILY LORTCHER



AST year, shortly before the holidays, an alcoholic was rescued through Alcoholics Anony-

mous. Came New Year's Eve and overpowering memories. With torturing persistency the embers of the old craving blazed afresh. What to do now, she pondered. She could remain at home, lock the door, and divert her thoughts. But, she countered, would not this be escape rather than victory? Avoiding the enemy does not mean security. Either she was master or he still was. There was only one way to find out. She must meet the temptation face to face. If she could do that and not yield she need never fear that weakness again, anytime, anywhere.

And so this child of wisdom sallied forth to face her foe. She rejoined her former companions and breathed again the fumes of liquorflooded night clubs. She shared the spirit of New Year's fun, winced covertly under taunts and coaxings, struggled with her own fierce desires. But only lemonades filled her glass. For several hours she battled on, praying, enduring-but not yield-Finally the inevitable miracle occurred. She won. With temptation beating against her from every side, to her amazement she was suddenly swept clean of every shred of desire. This, she knew, was victory. Complete. Glorious. She was a new creature in the midst of an old scene which no longer touched her. Joy filled her soul and power galvanized her being. Hitherto she longed for death; now she suddenly was eager to live. She felt aglow with life that was sweet in its new cleanness, its challenge and purpose. These she proceeded to use in freeing others foundering in the same treacherous waters from which she had been rescued.

Traditionally the New Year is a time

for inventorying our weaknesses and making resolutions to overcome them. Occult students, however, who know that the foundation they are now building must be flawless or the superstructure of tomorrow will not be secure, might well check on their virtues instead. Too often we hear aspirants conclusively assert: "That fault I no longer worry about; I conquered that." Such self-deception is a surer path to disaster than open sin. Smoldering fire that undermines while the tenant sleeps.

There is only one enemy, the desire body. What does it matter whether he appear in the form of liquor or food, or any other indulgence—resentment, gossip, indolence. All are tentacles of the desire body which must be converted into virtues, soul qualities, before we can safely ignore them. We dare not mistake innocence for virtue. Innocence is ignorance, not mastery; infancy, not development; escape, not victory. Only through conquest do we attain to virtue, and only in virtue do we gain security.

Therefore, we confront the enemy; we never avoid or run away from him in thought or action. We face, but withstand each weakness. We accept this challenge of the poet sage:

"Dare to be great, without a guilty crown;
View it, and lay the bright temptation down."

This is the Way of the Conquering Soul. Face facts, so we can conform them to our ideals. Arouse and expose every latent evil that its power may be rightly directed into open service where we can watch it grow and bless. Only then are we secure, and only then can we be channels of spiritual strength and wisdom to others stumbling along the way through which we have victoriously come.

Old and New

By KATHARINE HILLWOOD POOR

RESENT days of world stress are bringing to all true aspirants to spiritual culture, tests

of understanding and endurance which are of fundamental importance to their progress upon the Royal Path of the Christ. A time of cyclic change, the transition from a lesser to a greater with the consequent sifting and "weeding out" of the unfit and unready, is a time when each one is examined and weighed as to his prospective ability and stamina to serve the great forces of law now operating to bring in a new order of racial life.

Coincident with this action is the fulfillment and squaring of debts of destiny in which the utmost pressure is brought to bear that can be borne with safety by the aspirant. All possible debris must be removed, many barriers razed, to clear the site for new foundations and forms to house a life expression of higher vibratory content.

In the foregoing statements may be found explanations of existing phenomena of the social upheaval of today in its various phases as found in men of materialistic-even criminal, socalled—life, and extending upward to those levels where a dominant spirituality seeks to manifest through the unfolding powers of the conscious spiritual aspirant. Transmutation of selfishness into selflessness is a task well nigh superhuman, yet it is the goal of endeavor set for those who would attain true knowledge and wisdom.

War is a type of human and racial experience necessary to men in their transitional stages of evolution, and in the repugnance felt today toward future wars by an increasing number of people, may be found an indication that one lesson has been partly learned, one phase of experience partly assimilated.

A further step in human progress is now in process. The laggards-those who have not yet loosed themselves from the clutch of Mammon-have yet to grasp the truth of the spiritual unity of mankind; to geometrize correctly the many into the one; to build a form of Unity from diversity through which an evolved manhood may approach that Source for which he unconsciously longs and to which he will eventually return.

Meantime, in the troubled days of tribulation of a bewildered people, seek for the lesson therein: a lesson to the individual, the nation, and the world. None shall be separate, and in the fate of all each must partake to a greater or less degree according to his path of destiny, built by himself, not by any beneficent or malefic fate. Each cause generates its effect and each man is the generator of his status upon all planes of being.

Incorporate this truth: each conscious constructive thought sent outward into the etheric currents, goes to swell the current of universal service constantly being engendered by the conscious directing Intelligence of the Higher Powers who are able to use such thought force to good purpose. Service may be performed by the most humble instrument who is quite unrecognized within the world of men. Many of the most effective of such instruments of service must be unrecognized—it is their protection.

Units of service are of multiple variety of type and quality. None save those qualified to know may recognize such service, but none goes unrecorded upon the pages of the Book of Life, the Cosmic Record. A day eventually comes (during some one life period) when such a one steps forth in strength and power to serve openly the race of which he is an integral part. Each type of service carries its own vibratory power and ofttimes that which is unseen and unheard of in men is of an enduring high order, and is of great aid to Those who manipulate the currents of energy which vitalize the life expression upon this planet. Therefore the humblest server is no less essential to the Divine Plan than the most exalted. What is essential is that the desire to serve shall grow from the flickering ember it is when first awakened and ignited, to that all devouring spiritual flame which burns away all dross and purifies the vehicles of expression until the Egoic Self is enabled to dominate its bodies consciously, and a redeemer steps forth into the light.

Outer manifestations in social, governmental, national, and international life, are the result of conflicting currents, of temporary functioning only, each playing its part. They sway to and fro even as the pendulum swings, until the original impulse is dissipated.

Slowly, almost imperceptibly, the old order disintegrates; a dense mass difficult to dissolve. Be not surprised nor confounded at whatever transpires. Again we emphasize that man himself forges his own fetters and must himself break them apart, and none can compel him thereto.

Look deep, where the roots of the *new* may be seen in process of formation, in all events, in all lands, in all peoples. Seek to apply calm intelligence to all problems, to all trends of conflicting nature, and be sure that no effort put forth from pure motives to serve the Whole, the Source, is or shall ever be, in vain.



God Speaks

By IDA SMITH

God speaks to me
When I hold a kindly thought,
Or do a helpful deed;
When I see beauty in a homely face,
Or quickly see and aid another's
need.

He speaks to me
When I see beauty in the hills,
And in the sunset's glow;
When creatures small my kindness share,
As across my path they go.

And until my soul is tuned
To hear His voice more clear,
I dwell in peace—His silent thoughts
Are very, very near.

Thought -- a Creative Force

By Dorothy Jennings



ONG ages ago, in the Saturn period of this earth's development, the Lords of Mind gave

man a germinal seed atom which produced in him the power to think. It has taken us a long time to realize our responsibility for using this power aright.

Today in the war wreckage of the world lies the tragic evidence of our misuse of this divine power. From the analogy of wireless and telepathy it is easier now for the least scientific of us to understand how careful we must be in the daily broadcast of our thoughts.

Our depression or our joy can affect countless numbers of our fellow men and women and, if, when we receive a wave of depression we would change its rate of vibration to one of hope, we should be working with, instead of against, the Powers who strive for the enlightenment of man.

I often walk homeward through the streets of the town after leaving my office and, at the end of the day, most of us are more inclined to negativity than a positive state of mind; therefore, I am specially careful not to dwell on worries and discords lest some little tired soul following behind me may pick up yet another burden to add to her or his own.

The way we are constantly picking up thoughts broadcast by others was brought home to me very clearly one November evening. The traffic was surging past me in an endless stream of vehicles when a vivid impression that I was about to be killed overwhelmed me.

"So this is the end," I thought, "I never knew it would come tonight. What will they think at home!"

A second later, above the noise of the

traffic, an agonized cry rang out and I turned to see the body of a young man flung onto the muddy pavement just behind me. People quickly gathered around, but they seemed paralyzed by the tragedy; so I stooped and lifted the man's head onto my lap whilst I wiped the sweat from his forehead and told him help was coming. I directed a man to a doctor's house nearby and sent another for water and, in a very short time, the injured man was in the car of the man who had crashed into him and on the way to a hospital. He died four hours later.

Now the last thoughts of that poor man as he saw death coming were picked up so vivdly by me that I completely identified myself with him. This taught me much. We are nothing but wireless receivers and transmitters of not only thoughts but emotions.

Soon after this incident I had a chance of proving whether I had learned my lesson. Calling on a friend one evening and finding her temporarily out. I sat in her favorite window seat to watch the beauty of the sunset. Imperceptibly my happy mood became tinged with depression, and it was not long before I was feeling very misunderstood and badly treated by everyone around me. Suddenly I realized these impressions did not belong to me, and I recognized I was trespassing on my friend's inmost thoughts and feelings. She had often complained of her husband to me-(as far as I could judge, quite unfairly) and here in this window seat she had filled the ether with her imagined wrongs. Each time she came there, in rushed the thought forms she had made, for they seem to haunt the vicinity of their creation, and each time mind they grew they entered her

stronger. Unconsciously she fed them, not knowing the hideous things she had created.

I saw at once what I must do, so set to work making quite another kind of thought form.

"How good everyone is to me," I reflected. "Why, I have never done half enough for them in return. How I have misjudged them. They were so kind and generous. I must show my love in every way. Then, how beautiful the world is—what a glorious view from



this window. I am indeed most happy that God has so richly blessed by life." And so on, in the same strain.

By the time my friend returned I had so cleaned up that corner that I guessed she would have some difficulty in resurrecting her grievances. To my amusement later, I noticed she never once complained to me about her husband again.

I suppose bed is the place where one's bravest and loveliest thoughts should be made, for every night, as our minds relax, in flow the thought forms which hover around the bed. We have the choice of making them holy, fearless, generous, and selfless or the opposite.

Your will alone can decide what thoughts you will hold. As in all things, that cry of Pilate's still rings down the ages: "Which will ye have—Barabbas or—Christ?"—Evil or goodness?

Sometimes when sleeping in friends' houses I feel I am eavesdropping, for the thoughts which flow in as I begin to doze give me a fairly clear idea of the person's character who has slept there before me.

When I was first learning about the power of thought, I slept one night in an old Welsh farmhouse. The darkest depression and fear of my life swamped me as I composed myself for sleep. I strove against it and wondered what on earth was wrong with me. I thought of things in the past which had been a source of worry or trouble-most of us can usually resurrect something of this sort from the storehouse of memorybut nothing seemed bad enough for this awful depression and fear. I was quite relieved when morning came and I could get down to breakfast with the others.

Quite unconsciously, another guest gave me the clue to the mystery. "Poor old Chalmers stayed here for some weeks before he died," the guest said. "By the way," turning to me, "I believe he had your room. But he knew his number was up—the doctors didn't mince matters to him."

So poor Chalmer's depression and hopelessness still clung around the room and have continued to do so, I suspect, unless they have disintegrated for lack of human minds to feed them.

All this illustrates how often we must say to ourselves: "Is this mine?" when objectionable thoughts or feelings intrude themselves upon our consciousness; and how busy we must get thinking pleasant and constructive thoughts to drive them out. In the years to come, when the vibratory rates of etheric waves are understood, quite another view will be taken of crime.

I once read an account of an agricultural laborer who was on trial for murdering his employer's wife. The murder was motiveless, but to the Padre who spoke with the man before his execution he explained what had happened, as far as his poor simple mind could understand. The farmer was away at market and the man had been instructed to paint the woodwork in the dining room. The farmer's wife passed

occasionally through the room in pursuit of housewifely duties and presently he felt a strong desire to strike her on the head. The feeling gradually grew stronger, but with the advent of the dinner hour he went home to his cottage and forgot all about it. In the afternoon, however, back at his work in the dining room, this overwhelming desire returned and he killed the woman.

The Padre did not understand any more than the judge and jury who had tried the man. But as I thought about the matter, the probability of the cause of the tragedy occurred to me. The real murderer was the farmer himself who, for so many years, had shared that dining room with his wife. The longing to strike her (not necessarily to murder her) had become so powerful a thought form in the room that the idle, negative mind of the laborer had picked it up in all its strength and he became the perpetrator of the deed from which the farmer himself had shrunk. Murder by proxy! What a terrible responsibility is ours.

Fortunately there is the happy side also to this problem of thought. By encouraging hopeful, peaceful, loving thoughts, we tune into the joyous vibrations all around us and send them out again into the ether, strengthened and reinforced. If everyone could project sufficient generous thoughts to change the rate of vibration of covetous thoughts, wars would indeed be a thing of the past and we could "remold this earth a little nearer to the heart's desire."

Above all things, we should pour into the ether thoughts of fearlessness, for this war has made the vibration of fear too powerful for many to withstand; and the long waiting lists at hospitals and insane asylums testify only too potently to the need of our help in that direction.

The choice is ours. What thoughts of others will we strengthen? What

thoughts of our own will we create? Will we allow our minds to be mere hotels through which unbidden guests drift idly in and out? Or will we make them sources of strength and joy, out of which may flow living waters for the healing of the nations?

The choice is ours—and the responsibility.

The Way of St. Francis

ND Francis, faithful to his Captain, offered neither resistance nor protest. But his humility did not undo the father; not on the surface, at all events (it is the all-conquering method, but it works slowly)....

"And so the new idea leapt up in Francis. Why not try, for a change, to win the infidels by love? You could do nothing—nothing at all—by all this hate. And nothing-nothing in the end-by force. All his sight, and all his experience, told him that this was true of individual men: it must be true also of peoples. Force and violence and vindictive punishment only hardened their recalcitrance. Forgiveness and the refusal to punish or hurt them, and the persistent returning of good for evil, broke their hostility down-slowly but very surely. In the long run force failed as certainly as love conquered. . . .

"For Francis, despite the failure, knew that he was right. His technique of love and purely pacific resistance might be slow in its effect—yes, slower than he had thought at first—but it must win in the end. He knew this with the same clarity as he knew the light of the sun; and even if he hadn't, he would have accepted it humbly as the bright knowledge of his Master."

—Ernest Raymond in In the Steps of St. Francis.

The Wheel of Life

don't care Man P

A Story of Destiny

By A. R. BOMAR

(CONCLUSION)

HAT seemed not long after Floriel and Raymond joined us in the heaven world, Raymond

came to me and said, "Alf, although your sojourn in this first division of the heaven world has seemed brief to you in a way, you have really been here sometime; but having access to all the wonderful libraries here, the glorious art galleries, the ever changing color combinations and the very best of teachers, your ready willingness to cooperate, and zeal to learn have made your progress unusually rapid; and now you, Marion, and myself, accompanied by Floriel, are ready for the next great change. Notice how all of our forms have been gradually altered. We are losing our desire bodies. Almost imperceptibly their essence has been incorporated into our mental vehicles."

"I have been noticing that a difference was taking place," I told him, "but with Marion close beside me. I have felt that all was well."

Marion smiled. "And so it is. Alf, you, I, Raymond, and Floriel are about to leave this beautiful realm of color to enter the world of tone. Listen. you not hear a glorious, indescribable harmony all about us? Listen closely, Alf. That is the music of the spheres. It is the tone of each separate planet blended into one tremendous intonation."

"Yes," Floriel said, as she and Raymond drew nearer. "We are all passing now into the Great Silence, where everything seems to fade away. We cannot think. No faculty seems to be alive; and yet, notice that each one of us knows that he is."

Then I sensed that each of us ap-

peared to be standing utterly alone, so to speak, and vet all were unafraid, for each was filled with a wonderful peace which truly surpassed all understand-

Suddenly in each appeared to come an awakening. Floriel was the first to speak. "Rejoice, my dear ones. We have all passed through the Great Silence, and are now in our true home, the Second Heaven."

As she ceased speaking the real music of the spheres burst upon us in all its celestial glory, and we heard not only the seven planetary tones sounded, but those of all the twelve zodiacal signs; and for a time we seemed totally submerged in its supernal glory. Soon we observed that we seemed to be surrounded by a sort of blue-black color which appeared to be entirely vacuous. Then, gradually the color changed to a pure white light which seemed to permeate everything and the whole Region of Concrete Thought appeared to be a dazzling, brilliant white; and in that light all things around about us seemed to take onto themselves a color of their own which caused them to stand out sharply and brilliantly, because of the absolutely colorless light in which they were submerged. We then realized that because the mind is formed of this colorless mind substance, and because the substance is perfectly neutral, it is able to show things in their true color.

Next we observed that all objects appeared as vacuous cavities from which a basic keynote continually sounded, and that the different things we saw sounded forth from their being the whole story of themselves and at once we knew all about them; and that we attained to a realization of their past history; the whole story of their past being unfolded and laid bare. Furthermore, while listening to the tone, we, strangely, seemed to be living through all the varied experiences together with the particular things which we were investigating.

And around about us everywhere were thought forms created by human beings on earth. And here in this region, strange as it may seem to you, these thought forms were not silent as they are on earth. Each thought form spoke in a language (musical tone) which was unmistakable, and conveyed far more accurately than words what its intent was; and as each thought form sang in the key peculiar to the person who gave it birth, we discovered that it would be comparatively easy for a trained clairvovant living on earth who could focus his consciousness in this region to trace each thought form to its source.

As we observed, we marveled and discussed among ourselves the tremendous scheme which continually unfolded itself before our vision. However, we soon realized that there was work to be done in the heaven world, and that it was many-sided; for this Second Heaven World into which we had come took us into an existence which was not in the least dreamy nor inactive. Our first work was to build the quintessence of our former bodies into our threefold Spirit, thus giving us greatly improved power over mind which had now become the vehicle in which we functioned.

Soon we learned that the masses of Egos sojourning here dwelt in this region for centuries, first assimilating the fruits of their past life, and then preparing the environment for their next earthly condition, building archetypes of flora and fauna which would actually change the physical features of the earth and the physical forms of all living things on it. These archetypes, we discovered were living patterns for future earth forms built out of concrete thought substance through the power and use of music. And to our amazement, we

found that the tone which everywhere pervades this region is the instrument used by each Ego in doing his work, and furthermore, that this very harmonious sound is an elixir of life.

Then we noticed another strange thing. All of the Egos working here were not doing the same kind of work. Those who at one time were building the quintessence of their former bodies into their threefold Spiritual vehicles disappeared soon after that work was completed; but others who appeared to be just arriving were building, what Floriel told us was an archetype which was really a living, vibrating pattern of the physical body which each Ego would use when it returned to its next life on earth. In building this archetype or pattern, these Egos appeared to be helped by great Beings, the splendor and glory of whom I cannot begin to describe. We also noticed that the work on these patterns was not continuous. At times different Egos seemed to cease work and just hum in a low tone for awhile, and then begin work again.

I asked Floriel, who knew much more about conditions here than the rest of us, about this, and she said that during the earth life of different Egos, each had a certain work to perform which sometimes did not need the vibratory force of one or more planets; and when this was the case that Ego would have one or more of what is called "unaspected planets in his next earth life horoscope.

After we had finished our own individual work in the Second Heaven World we were all put to work helping the Egos temporarily sojourning there on their archetypal constructions. This work we did in pairs; Marian and I working together, and Raymond and Floriel. Raymond and I worked with the positive vibratory sounds, and Floriel and Marian with the negative tones. The positive sound vibrations furnish the power of the archetype,

and the negative ones supply the attracting, cohesive force which holds the archetype together, and these combined tones produce the life activity which sustains the archetype and keeps it vibrating as long as its physical counterpart is destined to exist on the earth plane. This work we have found most fascinating, as no two archetypes are exactly alike, each having its particular characteristics, and its own peculiar tone.

Another most important thing we have learned in the heaven worlds: Work does not tire you here. On the contrary, it is a real joy.

One thing I want to impress particularly upon all of you is that here in the Second Heaven all activity, regardless of its nature, is accomplished by means

of sound vibration; and it is these vibrations that the Ego learns to control and direct, all of which requires, what those on the earth plane call time. I think I have mentioned the fact before, that the First Heaven is color, color everywhere; and I would like to add that these colors are not stationary as we see them on

the physical plane. There they are in constant motion, constantly changing, and appear to be vitally alive; but here in the Second Heaven, although color is prominent, tone is dominant; and furthermore, we find here that all color is created by different tone vibrations whether on the earth plane or in the Heaven worlds.

We have also learned here that truly, there are different regions in the Second Heaven, and that their differentiation is determined by vibratory action. In the lowest region we found the archetypes of all physical forms, no matter to what kingdom they belong. In the first region beyond that we found what seemed to be a stream of flowing life pulsating through all of the archetypes. These

archetypes were called the archetypes of universal vitality. It was when we watched this streaming force of vitality permeating everything pertaining to this region that we all realized how very true it is that all life is one. In the third division of this region we contacted what the inhabitants there told us were archetypes of desires, wishes, passions, feelings, and emotions of both man and beast; and the innumerable shapes these archetypes take beggar all powers of description as far as my powers are concerned.

I now want to tell you something about the fourth division of the Region of Concrete Thought where we now are. To me, this region seems to be the most interesting and illuminating of them all. Here we have contacted and learned

about the Archetypal Forces which are responsible for the formation of all the various archetypes in the three divisions below it. These Forces are composed of certain archangels, superhuman beings, Lords of Mind, and even human beings when they are functioning here in their higher vehicles. And notice that

the archetypes built by them are creative in nature, molding in their own likeness all visible forms which are seen in the physical world, for the archetype is the pattern according to which every form on the earth is fashioned.

Another interesting thing we have learned while passing through this great, region of Concrete Thought: It is from the substance composing these four lower divisions that the mind is formed, enabling man to create thought forms and make images which he may later reproduce in the physical world in wood, stone, iron, et cetera, by means of the mind the substance which he has obtained from the Region of Concrete Thought. And here is an interesting thing to know: all forms in the



physical world are *reflections* of spirit creations which exist in the Region of Concrete Thought.

The experiences which we have had and are now passing through in the different regions of the higher worlds are similar to those which each individual shall enjoy in due course of time: and furthermore we are told by some of the Great Ones, that beyond this region there are many others in which we shall exist, but of the activities of each I can give you no idea as I do not know of what they consist myself. But this fact I do know-when once a Spirit has been differentiated within the great body of God it always continues to exist and has an individuality all its own forever. How long my companions and myself have sojourned in this region, I do not know: for here there is no time nor space, but you will be interested to

know, that all of us have just been acquainted with the fact that we are about to journey on to the region called the Third Heaven, and you will probably remember that the apostle Paul in referring to it, states of a certain man that he was caught up to the Third Heaven and there heard unspeakable words which it was not lawful to utter. And so, my good friends, my companions and myself must bid you good-bye, for a time at least, and wish you Godspeed on your own upward journey to the higher realms. And who knows but that sometime when you come to enter the realm of God you will find the four of us there eager to welcome you into the House of our Lord where we shall all remain. For has He not said of him that overcometh that He will make him a pillar in the temple . . . and he shall go no more out?

[THE END]



Behind the Dawn

By ETHEL PEAKE

Like waves of light throughout this darkest hour

The silent prayers from lumined souls arise.

They know that evil will be shorn of power;

A new day waits behind tomorrow's skies.

They see the darkness thin, in faith they wait

A kinder world, unmarred by human hate.

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MAX HEINDEL'S MESSAGE

Taken from His Writings

Christian Mystic Initiation

in this material condition. And all the misery in the world may be accounted for by the fact that if we believe in the Bible at all, we believe with our head and not with our heart

and not with our heart. When we came up through the waters of Baptism, the Atlantean Flood, into the Rainbow Age of alternating seasons, we became a prey to the changing emotions which whirl us hither and you upon the sea of life. The cold faith restrained by reason entertained by the majority of professing Christians may give them a meed of patience and mental balance which bears them up under the trials of life, but when the majority get the LIVING FAITH of the Christian Mystic which laughs at reason because it is HEART-FELT, then the Age of Alternation will be past, the rainbow will fall with the clouds and the air which now composes the atmosphere, and there will be a new heaven of pure ether, where we shall receive the Baptism of Spirit and "there shall be

We are still in the Rainbow Age and subject to its law, so we may realize that as the Baptism of the Christian Mystic occurs at a time of spiritual exaltation, it must necessarily be followed by a reaction. The tremendous magnitude of the revelation overpowers him, he cannot realize it or contain it in his fleshly vehicle, so he flees the haunts of men and betakes himself to the solitude allegorically represented as a desert. So rapt is he in his sublime discovery that

peace" (Jerusalem).

(SIXTH INSTALLMENT)



OST students of the higher philosophies believe in the brotherhood of man from the mental ion that we have all emanated

conviction that we have all emanated from the same source, as rays emanate from the sun. But there is an abyss of inconceivable depth and width between this cold intellectual conception and the baptismal saturation of the Christian Mystic, who feels it in his heart and in every fibre of his being with such an intensity that it is actually painful to him; it fills him with such a yearning, aching love as that expressed in the words of the Christ: "Jerusalem, Jerusalem, how often would I have gathered thy children together, even as a hen gathereth her chickens under her wings;" a brooding, yearning, and protective love which asks nothing for self only the privilege to nurture, to shield, and to cherish.

Were even a faint resemblance to such a universal fellow feeling abroad among humanity in this dark day, what a paradise the earth would be. Instead of every man's hand being against his brother to slay with the sword, with rivalry and competition, or to destroy his morals and degrade him by prison stripes or industrial bondage under the whiplash of necessity, we should have neither warriors nor prisoners but a happy contented world, living in peace and harmony, learning the lessons which our Father in Heaven aims to teach us



in his ecstasy he sees the Loom of Life upon which the bodies of all that live are woven, from the least to the greatest—the mouse and the man, the hunter and his prey, the warrior and his victim.

But to him they are not separate and apart, for he also beholds the one divine thread of golden life-light "which runs through all and doth all unite." Nay, more, he hears in each the flaming keynote sounding its aspirations and voicing its hopes and fears, and he perceives this composite color-sound as the world anthem of God made flesh. This is at first entirely beyond his comprehension; the tremendous magnitude of the discovery hides it from him, and he cannot conceive what it is that he sees and feels, for there are no words to describe it, and no concept can cover it. But by degrees it dawns upon him that he is at the very Fountain of Life, beholding, FEELING its every pulse beat, and with this comprehension he reaches the climax of his ecstasy.

So rapt has the Christian Mystic been in his beautiful adventure that bodily wants have been completely forgotten till the ecstasy has passed, and it is therefore only natural that the feeling of hunger should be his first conscious want upon his return to the normal state of consciousness; and also naturally comes the voice of temptation: "Command that these stones be made bread."

Few passages of the sacred Scriptures are darker than the opening verses of the Gospel of St. John: "In the beginning was the word... and without it was not anything made that was made." A slight study of the science of sound soon makes us familiar with the fact that sound is vibration and that different sounds will mold sand or other light materials into figures of varying form. The Christian Mystic may be entirely ignorant of this fact from the scientific point of view, but he has learned at the Fountain of Life to sing the Song of Being, which cradles into

existence whatever such a master musician desires. There is one basic key for the indigestible mineral stone, but a modification will turn it to gold wherewith to purchase the means of sustenance, and another keynote peculiar to the vegetable kingdom will turn it into food, a fact known to all advanced occultists who practice incantations legitimately for spiritual purposes but never for material profit.

But the Christian Mystic who has just emerged from his Baptism in the Fountain of Life immediately shrinks in horror at the suggestion of using his newly discovered power for a selfish purpose. It was the very soul quality of unselfishness that led him to the waters of consecration in the Fountain of Life. and sooner would he sacrifice all, even life itself, than use this new-found power to spare himself a pang of pain. Did he not see also the Woe of the World? And does he not feel it in his great heart with such an intensity that the hunger at once disappears and is forgotten? He may, will, and does use this wonderful power freely to feed the thousands that gather to hear him, but never for selfish purposes else he would upset the equilibrium of the world.

The Christian Mystic does not reason this out, however. As often stated, he has no reason, but he has a much safer guide in the interior voice which always speaks to him in moments when a decision must be made. "Man does not live by bread alone, but by every word that proceedeth from God;"-another mystery. There is no need to partake of earthly bread for one who has access to the Fountain of Life. The more our thoughts are centered in God, the less we shall care for the so-called pleasures of the table, and by feeding our gross bodies sparingly on selected simple foods we shall obtain an illumination of spirit impossible to one who indulges in an excessive diet of coarse foods which nourish the lower nature.

(To be continued)

A ROSICRUCIAN CATECHISM

Evolution on the Earth

Q. When did man begin his evolution on the Earth?

A. After Mars had been thrown off from the central mass, and that which is now the Earth was yet undetached from the Sun.

Q. Why was the Earth later detached from the Sun?

A. Because its incrustation had progressed so far that it had become an obstacle to the progress of some of the higher evolved Beings in the Sun.

Q. Could man have otherwise remained on the Sun?

A. No. The fiery condition also hindered the evolution of some of the lower grades of creatures, such as man, who at that stage required a denser world for his further development.

Q. Where does crystallization in a planet begin?

A. Crystallization always commences at the pole of a planet where motion is slow. The consolidated part gradually works outwards towards the equator in obedience to the centrifugal force. If that force is stronger than the cohesive tendency the consolidated mass is thrown outwards into space.

Q. Where was our Moon when our Earth was thrown off?

A. At the time when the Earthglobe was separated from the parentmass, it included that part which is now our Moon.

Q. How would continued existence on the Sun have affected man?

A. If Earth had not segregated from the original Globe which is now the Sun, the rapidity of the vibrations would have disintegrated man's vehicles. He would have grown so rapidly that the growth of the mushroom would seem slow in comparison.

Q. How would it affect his age?

A. He would have become old before he had time to pass through youth. That such is the effect of too much Sun is shown by the rapidity of growth at the tropics, where maturity and old age are reached much sooner than in the north.

J. What is the effect of the Moon on man's vehicles?

A. Had the Moon remained with the Earth, man would have crystallized into a statue. The Moon-forces reach him now from the exact distance necessary to enable him to build a body of the proper density. Although these forces are active in the building of the form, they also cause death when their continued work finally crystallizes the tissues of the body.

Q. How did man's first vehicles compare with his present body?

A. Man's first dense body did not even remotely resemble his present splendidly organized vehicle. That has been evolved only in the course of myriads of years.

Q. What was the shape of his first dense form?

A. The first dense body was a large, baggy object with an opening at the top from which an organ projected. This was a kind of organ of orientation and direction. In the course of time the dense body drew more closely together and condensed. If it came too close to places of greater heat than it could endure, it disintegrated. In time the organ grew sensitive to the condition that threatened destruction and the dense body automatically moved to a safer place. This organ has now degenerated into what is called the pineal gland.

(Reference: Cosmo, pages 263-5, 261-2)

WESTERN WISDOM BIBLE STUDY

"Put on the New Man"



Put off . . . the old man, which is corrupt according to the deceitful lusts;

And be renewed in the spirit of your mind.

... put on the new man, which after God is created in righteousness and true holiness.

Ephesians 4:22-24.

In his eagerness to encourage the zeal of the early converts to Christianity as they endeavored to follow the sublime precepts taught by Christ Jesus, the apostle Paul frequently advised them concerning the putting aside of numerous traits of character which impeded their spiritual progress. The followers of the new doctrine were in need of practical instruction and encouragement in overcoming the ways of the carnal self, for many of them were "weak in the faith." St. Paul, having been through intense suffering to gain his high degree of attainment, knew from experience the nature of the inner trials and agony necessary for the laying aside of the "old man" and putting on the "new man," and could advise lovingly and understandingly.

But just what constitutes becoming "new" in the spiritual sense used by St. Paul? First of all, there must be an acknowledgement that the higher way of life is preferable, and then a definite dedication to living according to the spiritual precepts given us by Christ Jesus. There follow certain definite scientific procedures (as outlined in the Western Wisdom Teachings) for us to embrace, in training the mind and mastering the desire nature, would we become "new" spiritually.

To invite the newness of spirit into our being requires constant use of the will in restraining hasty, destructive thought and speech, and in substituting friendliness, good-will, consideration, love, and service, for selfishness, intolerance, jealousy, hatred, and indifference. In short, we conquer the lower desires, become selfless, and thus permit an inflow of *spirit*—the essence of newness and progress. Thus we become new men ready for the imminent new age of brotherhood.

Today, on the material plane, the old is passing rapidly. The new is just as rapidly taking its place. With the coming into our possession of increasing understanding concerning the forces of nature, climaxed by the secret of unleashing atomic energy, we have been brought face to face with the questions, "Are we ready to handle such power? Are we fit custodians?" All over the world leading thinkers are endeavoring to answer these questions, and the majority are doubtful as to our readiness. Before his passing Thomas A. Edison pointed out that the next step for mankind must be a spiritual one.

Each day, each week, each month brings us new opportunities for progress into the newness of spirit by careful control of our thoughts, words, and deeds. Certainly each New Year brings us an inviting new book of unwritten pages, whereon we may make the blots of the "old man," or we may inscribe upon them indelible records of efforts to achieve new spiritual heights. Now is a propitious time to meditate upon these inspired words of the inimitable St. Paul, seeking renewal of our minds in the spirit, building with love and service the golden wedding garment of those "in Christ," and thus "put on the new man."

Astrology Department

Astro-Guide to Veteran Rehabilitation

. By A. J. HAWORTH

The eventualities of existence are measured by the circling stars, which may therefore be called the "Clock of Destiny," and knowledge of their import is an immense power, for to the competent astrologer the horoscope reveals every secret of life.—Max Heindel.

EHABILITATING the discharged service men and reconverting! These are foremost

problems in the American mind. They strike closer to home than occupational problems, peace plans for the world, etc., important as these are. Reconversion of war industires can and will help to solve many problems of getting G. I. Joe a job. But will he get the right job for him? One that will "fit" him physically, mentally, and morally? Remember he is not exactly the same as the man who saw no service. He is grown up. Perhaps he is physically run down, mental complexes may have mixed him up a bit. He may be a little resentful from battle fatigue, shock, etc., which changes a man at least temporarily, and so on.

We submit that astro-vocational guidance is the one sure way for him to get in the right place and more quickly restore his balance, for the horoscope is the sum-total of all the experiences the Ego has had during its evolution. It reveals potential and active talents and inclinations. It shows latent power and general reaction to given situations as well as the basic characteristics. There is not much more necessary, it

appears, to get the veteran on the right track—or at least to help him help himself in the adjustment to a changing world picture, the equal of which has never been known in mankind's history.

Even while the veteran is recuperating in hospitals or elsewhere, no better way to spend time could be found than planning scientifically for the future. He can easily be led to see that his term of service is just an experience from which he may glean big lessons by retrospecting on them from a philosophical viewpoint, leaving out vain regrets and skipping the more harrowing experiences as "water under the bridge." He may feel a little helpless "on his own" after taking orders for a couple of years—even the officers take orders from higher officers and have more responsibility than the man in the ranks. And he has been divorced from the grim economic laws concerning food, clothing, shelter, etc. Perhaps he may have developed the drink habit or some wartime methods of thinking which are loose, selfish, or even cruel.

G. I. Joe has, at the above mentioned risks, including life and limb, protected the U.S. standard of living. He needs our help. It's our turn now, to show

him that he was also fighting for his own right to live a happy constructive life. Thousands of agencies have been set up by the government and private citizens appointed to help the veterans. Take just one example: The National Committee on Alcohol Hygiene has started to prepare scientific methods for coping with "an alarming and increased prevalence of alcoholism in America." The NCAH states that alcoholics are sick people and if treated as such may They have a special "prebe cured. ventative mental hygiene" program for ex-service men. The organization is neither "dry, wet, or damp" but simply

recognizes a problem for what it is. In effect they believe that while not all maladjusted people look for escape in the bottle, yet every maladjusted person is a potential victim.

Space would not permit a half way survey of the many opportunities America has provided for the Veteran and he should let no foolish pride, mixed with deluded self-reliance, keep him from

taking advantage of the aid that so rightly belongs to him. Astrology is playing and will continue to play a big part in this program for years to come. Astrology when applied to the more elusive problems that confront humanity has no equal if properly understood and applied.

The foregoing and subsequent statements are made with the full understanding that not everyone is acquainted with the efficiency of astrology as a guide in personal and health matters, and is therefore not completely "sold" on the science. Those with open minds will investigate and are likely to do as the fellow who came to church to mock but remained to pray. The author writes from experience, being a veteran of

the First World War and a student and daily user of astrology in personal and health problems for fifteen years.

It is patent that only a general approach to vocational guidance can be given here, which will make it quite simple for anyone to narrow the problem down to a general field of activities.

The main factors to consider are the ruling planet, the ascending sign, the sixth house of employment, the sign Virgo, and the element proponderance. That is, whether the most planetary strength comes from fire, earth, air, or water signs. This is determined by finding the element in which the most

planets are placed, and taking into consideration if the planets are fairly well aspected and do not clash with the Ascendant or the sign and house of employment. Suppose for instance we find two or three well aspected orbs in a watery sign or the water element is prominent, by a number of planets, and water on the Ascendant or the sixth house or in the sixth sign. This is the

green light for narrowing down the possibilities offered in liquids.

WATER SIGNS-indicate an adaptability in sea faring, river, and lake occupations, chemists, and all fields relating to liquids. Cancer people succeed as milk and dairy salesmen; in river vocations, in liquid food distribution, especially in dealing with fruit and vegetable juices, fishing; as operators of water health resorts, and in hydrotherapy. Being active, restless people, they need change and travel in their work. Scorpio rules still water, viscid fluids, indicates lake water endeavors, oil salesmen, operators, promoters, also the distribution or contact with heavier liquids for human consumption like molasses, honey, jams,

ASTROLOGY AS A SPIRITUAL SCIENCE

The science of astrology deals comprehensively with both the material and the spiritual. but is preeminently a spiritual science. In relation to human beings, it reveals the potentialities of the individual Spirit or Ego which may be most be most profitably unfolded and used during this lifetime. To the enlightened, it thus becomes an accurate guide in making definite, scientific progress on the Path. etc. They also make good doctors, especially surgeons and magnetic healers, students, lecturers, writers, and practical users of metaphysics and astrology, in any line of work they select. *Pisces* rules the great oceans and gives us sea going people, explorers, sales workmen in liquids, as well as metaphysicians. They are also adapted to public institutional work, and have success in breeding small animals, as pet shop operators, and while rather changeable, stick fast to a chosen ideal or field.

AIRY SIGNS—indicate mental professions, and those connected with the ethers, and the sign consideration narrows the search further. Gemini produces the writers, lecturers on scientific matters and a large variety of subjects dealing with the conscious mind. also find these natives as telegraphers. radio operators, technicians, speakers, salesmen, journalists, and office work-Inventing and small technical work with the hands, such as watch repairing, etc., are common to this sign. Libra shows ability in the fine arts music on the radio, commercial and serious art, art shops, flower shops, and the natives often do better with partners, especially if of a fiery sign predominance. Aquarius goes in for inventions, electricity, radio, television, which is now coming to the market, air pilots for freight, passenger and airmail transport. Fine arts and writing along revolutionary lines, as well as organizations concerned with universal and humanitarian movements come under this head.

EARTH SIGNS—signify professions dealing with material, earthy things. Taurus gives merchants, cafe workers, farmers, singers, actors, lecturers, landscape gardeners. landscape artists, makers of fancy clothing, workers with small animals. Virgo stresses the mental endeavors: government office work. proof reading, writing, book and music criticising, dietetics, and religious work. Virgoans make fine nurses and hospital attendants. Capricorn is ambitious for

professional honors and shines as lawyers and business executives. These natives are best as business efficiency experts and investment bankers, due to caution and economic ability. Good political leaders are found among the Capricorns, and promoters of enterprises of all kinds dealing with the things of the earth.

FIRE SIGNS-indicate ability in professions where courage, pioneering, and leadership are necessary. natives find ability in smelting, iron works, forges, mental endeavors, and selling of metal products. The initiative is strong, and the native may start projects which he leaves the plodder like Taurus to finish. They often do well on farms and outdoor work because of their love for the sun. Surgeons are also found among the Aries natives, as well as veterinarians, barbers and military Leos need the limelight. They are natural leaders in their vocations and avocations such as fire chiefs, industrial heads of businesses dealing in

Horoscopes for Subscribers' Children

If you would like to avail yourself of a possible opportunity to have your child's HOROSCOPE delineated in this department, subscribe to this Magazine for one year, and accompany your subscription with an application for a reading. RENEWALS count the same as a subscription. Readings are given for children up to 16 YEARS of age. They include a general character, health, and vocational analysis.

ONE name only is drawn each month, but this gives you twelve opportunities a year for a reading. Note particularly, however, in order to AVOID DISAPPOINTMENT, that due to the large number of applications, the chance of any particular name being drawn is unavoidably quite small. Be sure to give: Name, Sex, Birthplace; Date Hour, and Minute of birth, as nearly as possible. Also particularly state if Daylight Saving Time was in effect.

NOTE: We neither set up nor read horoscopes anywhere EXCEPT in this Magazine.

fire, ovens, crucibles, etc. They also take to the stage, radio, and screen, showing dramatic ability, aided by fine figures and voices to gain superiority in this field. Sagittarians have the fire of religion in both orthodoxy and unorthodoxy. In business lines they shine as traveling salesmen for book concerns dealing with religion, philosophy, or law. They make good lawyers and are often explorers, evangelists, lecturers.

It will be noticed that the above outline groups the veterans into four main departments, according to planetary strength, and subdivides into the twelve signs. This is so that the reader may determine specifically by using only the SUN SIGN for guidance if he cannot determine or if there is doubt as to the element predominance.

Once a veteran, or anyone for that matter, gets a chance at the work he really wants and needs, other troubles fall away, even including ill health, financial and love tangles. In a poem we are reminded by Tennyson that it is only by suffering that on our dead selves we rise to higher things. other words trouble is self-made, in the last analysis, and not of divine source. When a person has had enough, he realizes that the self, or things connected with the self-centered life, is dead. His vision broadens and he rises above self to higher things, or to a oneness with all life.

Any reader wishing to help himself or another will find that the sure permanent way is to become a student of spiritual astrology, as well as of the material phase of the stellar science. The physical anatomy represents the physical planets-that is, the constitution of the Universal bodies. sciences of anatomy and astronomy teach about them. The function of the spirit in the anatomy is taught in physiology, and the function of the Universal Spirit in the Universal body is taught by astrology. Briefly, anatomy is to physiology what astronomy is to astrology.

A Personal Experience

By SIDNEY R. MOLLER



HEN I was about twenty-four years of age, working temporarily in New York, I had a

rather peculiar experience.

I had left home but a short time before, and was very lonesome. One night I came to my room, feeling cold and miserable. After preparing to retire, I knelt as usual by the side of my bed for my evening prayer. I fell asleep while kneeling there. Suddenly I awoke with a start. My body was shivering from cold while my mind was aghast at the sight I had seen while my body was asleep.

Vividly I saw my father thrown high into the air, and then fall to the ground. He made strenuous efforts to speak to me, and I sensed a feeling of mutual

sympathy between us.

It all seemed exceedingly real, although it happened very quickly. As soon as I saw it I awoke. I arose, got into bed, and lay wondering a long time

before going to sleep again.

Upon awaking in the morning, the experience was still vivid in my mind. Only a few minutes after arriving at my office I was called to the telephone. The call was from a friend in my home town, Glen Cove, Long Island, twenty-eight miles away, saying that my father had been killed. He had been out driving with horse and cart (it was before the day of automobiles), and when he was crossing the railroad tracks, a train struck and demolished the cart, throwing father into the air to such a height that he was killed instantly by the fall. My brother-in-law was summoned, he being the only one at home at the time.

Later my brother-in-law described the scene just as I had seen it in my "vision," which seemed to prove that I was present at the scene in my desire body, perhaps drawn there by father's concentrated effort to contact one of

his own people.



The Children of Capricorn, 1945-46

(Birthdays: December 22 to January 21)

N many respects, including their reserve, fondness for high places, and ability to thrive in spite of scarcity and adversity, Capri-

corn people resemble the mountain goat symbolizing their sun sign. Most of them show an eager desire to rise in the world, to gain positions of authority, to say or do what brings admiration, respect, or fame. Subordinate positions not revealing their real worth, the hunger for power or prominence often impels Capricorns to accept the responsibilities that accompany executive positions in business, religious or political organizations. Due to a capacity for absorbing worldly wisdom, serious application, reliability, foresight, and address, they can achieve much for themselves and others.

Capricorns are generally deliberate and tireless in action, realistic in their views; able to make the most of whatever aids their climb to the top, instinctively discerning wherein lies the greatest advantage. They usually believe in impartial justice, and will seek through thard, self-reliant effort to merit success. Personal wants may be few, the

nature seemingly unaffected by scarcity and hardship, and there is little desire for pleasure or unprofitable social activities. Sober, impersonal, coolly rational, and not given to much warmth or sentiment, they prefer the respect and esteem of others to sympathy or love. Undesirable or extreme Capricorn traits can lead to suspicious, greedy, harsh, malicious conduct, a passion for order and law, corrupt and unscrupulous practices, and placing too much reliance upon self and the material supports of life while ignoring the things of the spirit.

Because of low vitality, Capricorn children may be subject to uncertain health, falls, and injuries, but maturity brings prudence and a firm hold upon life generally enabling them to reach an old age. Although somewhat retiring and timid, they can be exacting and dictatorial when sure of their position. They may be self-willed and show a distaste for supervision, but benefit much from careful training.

Children born December 22nd to January 9th have Sun square Neptune, an influence tending towards impractical desires, subtle self-deception, gullibility, cravings for the awe-inspiring. Direct-

ness and utmost honesty with themselves and others, the examination of capacities and motives in a detached manner, will prevent carrying ambition and ideals to foolish extremes or being imposed upon through vanity or crooked schemes. Psychism and the misuse of spiritual knowledge for gain are likely to be fraught with danger and should be strictly avoided. Delay, obstacles, and much hard work may come to Capricorn children born after January 3rd, due to a Sun and Saturn opposition. Ultimate success may be expected since the aspect confers perseverance, organizing ability, prudence, and other practical virtues. However, relinquishment of selfishness, suspicion, cynicism, and other negative traits may be part of the price of success. After January 6th, the Sun also opposes Mars, inclining to rashness, extremes, unwise actions, rough, impatient manners, illtempered and combative traits. Acquiring a calm, steady viewpoint, becoming more agreeable and tolerant and otherwise humanizing and softening the desire nature will spare these children much discord as they go through life. Also active after January 6th is a Sun and Jupiter square, attracting temptation to over-rely on chance, to be unreasonably optimistic, or become overly fond of display, prestige, and pleasure. Learning to shun short cut and unmerited advantages, to stress moderation and good judgment can largely offset this influence. During the entire solar month, Venus in conjunction with the Sun will have a fortunate, harmonizing influence on all born at the time and will tend to give charm, warmth, and lightness to a character that might otherwise be overly severe, taciturn, or self-centered.

Those born December 22nd to January 3rd have Mercury opposing Ura-They may possess considerable ability and originality, but may also be inclined towards eccentricity, contrari-Fortunately, at the ness, or conceit. same time Pluto favorably aspects both

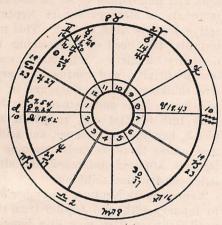
which should give the self-control and wise direction needed to accomplish a worth-while purpose. Mercury sextiles Jupiter December 31st to January 10th, resulting in good reasoning ability, intellectual interests, an even disposition, and philosophic views on life. Less fortunate is Mercury square Neptune, active January 10th to 21st. This may indicate the need of overcoming unnecessary anxiety, self-consciousness, over-sensitivity, and confused or negative thinking habits. Mercury in opposition to Mars and Saturn from January 18th to 21st can result in suspicion, harshness, ill-temper, and selfishness unless there is early training in fairness, kindness, tolerance, and altruistic, constructive thinking.

Venus square Neptune December 30th to January 12th, and Jupiter from then until January 21st, may give imagination, artistic tastes, and worldly blessings, but emotionalism, over-fondness unwholesome ease and luxury, fancies, discontent, and pretentiousness. Directness and modesty in conduct and aims should prevent much trouble in affectional life and personal matters. From January 10th or 11th, Venus opposes Saturn and Mars, indicating emotional or financial problems, or difficulties in social or married life, unless an effort is made to establish a deep inner serenity not at the mercy of fate and a morality not given to crudeness or ex-Training in moderation, content, kindness, and generosity seems especially necessary.

Mars conjunction Saturn all the solar month is a powerful but difficult influence of a convertible nature which can mean a number of things, including selfcontrol, enterprise, determination, and endurance; or negatively, indefinite aims and ambitions, cruel or destructive use of force, rough, egoistic traits. Becoming more good-natured, agreeable, self-forgetful, gentle, and humble, is desirable. Jupiter square this conjunction may cause contradictory traits and beliefs in all these Capricorn children.

Reading for a Subscriber's Child

CONSUELA B. T. Born June 16, 1943, 7:40 A.M. Latitude 39 N. Longitude 77 W.



With the sign Cancer on the Ascendant and Jupiter in Cancer, a sensitive and benevolent personality is indicated. The Moon, which rules the Ascendant, in Sagittarius, trine to Jupiter, adds to this benign charitable nature. planet Neptune sextile to both of these planets indicates a strong devotional nature. Venus in Leo in the 1st house helps to over-balance this to the point of excessive generosity and lack of discrimination where benevolence is meted to others. Consuela is easily influenced by kindness, at times to her detriment, for she may be taken advantage of and thus contribute to the weakness of others.

The Sun in Gemini, a mentally active sign, gives a love of change and diversity. However, the plant Saturn is in conjunction to the Sun which tends to repress or hold in abeyance some of this girl's activities. This configuration, being placed in the 12th house, also limits her to a certain extent. Consuela's interests and activities will be more-or-less behind the scenes, away from the public eye. Mercury and Uranus are in conjunction in Gemini, which gives a quick, ingenious, clever, and resourceful mind. This indicates strong

intuitional faculties, and the trine of Mercury to Neptune, and the Moon sextile to Neptune, give spiritual insight.

The conjunction of Mercury with Uranus, and the opposition of the Moon, bring out a strong trait to guard against: impulsiveness. These aspects usually indicate a lack of forethought, as the native may jump to a conclusion without an analysis of the situation.

The planet Mars is strongly placed in the 10th house and in its own sign Aries. This would indicate Consuela's greatest activity to be in connection with her position or vocation. Mars provides energy and a desire for action. It is well aspected, sextile to Saturn and trine to Venus, indicating that impulse and feeling are likely to predominate. It gives a spirit of freedom and a desire for conquest, especially in the vocational field.

Saturn sextile to Mars shows a determined, energetic nature. It gives executive ability and very often accomplishes what others fail to achieve. Mercury in Gemini, sextile to Jupiter, is a strong indication of success in law and literature and a splendid ability to express one's ideas. Scientific pursuits are also indicated as likely to bring success. The conjunction of Uranus and Mercury indicates an inventive mind, particularly along lines which have to do with air or electricity.

From a health standpoint, we find it necessary for Consuela to conserve her strength, as Saturn in conjunction with the Sun tends to reduce the vitality. It would be particularly helpful for her to live in a high altitude and a dry climate. Being an extremely active mental type and having Uranus in conjunction with Mercury, her nerves are liable to suffer to some extent, consequently it is important that her diet be well supplied with those foods which build nerve tissues.

VOCATIONAL GUIDANCE ADVICE

THIS PAGE is a free service for readers—whether subscribers or not. Advice is based on the horoscope; therefore please give us the following information: Sex,

place of birth; year, day of month, and hour; full name. No readings given except in this Magazine and ONLY FOR PERSONS 16 to 45 YEARS OF AGE.—EDITOR.

Educator. Physicist

VERNON H.-Born May 23, 1904, 2:30 A.M. Lat. 52 N. Long. 0 W. With three planets, Jupiter, Mercury, and Venus in the 1st house in Aries, and Jupiter sextile (good) Pluto, and Saturn in trine aspect to Pluto, Vernon has power and ability to work along lines of physics, chemistry, and all types of humanitarian activities. Neptune in Cancer sextile the Moon in Virgo, will intensify this inner desire and with his well fortified Saturn, which is also the ruler of the 10th house cusp, Vernon will find his path of honor and glory in the intelligent education of humanity at large.

Theatre. Naval Officer

JOSEPH R.—Born February 1904, 8:30 P.M. Lat. 41 N. Long. 74 W. The entire chart indicates a fondness for traveling, especially by water. The Moon rules the Midheaven and is placed in Aries in the 7th house. This configuration along with the Sun in Pisces points to desire for change and travel. The Moon in Aries gives ambition and aggression, and if the native fails in one direction he immediately tries another venture. The 6th house rules the army and navy, and the sign Pisces is on the cusp, with Mars and Jupiter in Pisces in the 6th house. Jupiter in Pisces gives a great desire to travel and a love of new places and scenes. It also indicates qualifications for a traveling or business solicitor, circus, or theatrical agent; a position where enterprise, grandeur, and display are called for; qualifications for dealing in lands, foreign securities, or consular duties. Success in connection with public or private institutions is also indicated.

Contractor. Commercial Art

FREDERICK B. D.—Born June 3. 1930, 2:55 A.M. Lat. 34 N. Long. 118 W. Saturn rules the Midheaven, giving a serious, practical outlook in respect to the occupation. However, Taurus rules the Ascendant and its ruler, Venus, is in Cancer, which gives an interest in homes, lands, etc. Ability in contracting, building, real estate, is indicated. As manager of chain stores native would also be success-The Sun in Gemini sextile to ful. Uranus gives a fondness for science, especially along electrical lines. cury in Taurus, and Venus sextile the Moon, point to an interest in music and This added to the inventive and mathematical propensities, that Frederick would be quite successful as a commercial artist. There is also strong interest and ability as an experimenter and investigator.

Hostess. Health Food Dealer

OLGA A. P.-Born September 11, 1900, 2:00 P.M. Lat. 42 N. Long. 71 W. Libra is on the Midheaven, which gives an interest in social and artistic pursuits. Venus, the ruler, is in Leo, trine to Jupiter in Sagittarius. This strongly points to ability as an entertainer and hostess. Any of the artistic pursuits, such as art goods dealer, florist, interior decorator, or commercial artist are indicated. The Sun and Mercury in Virgo sextile to Mars in Cancer shows an industrious person with a love of order and beauty, art and literature, and especially interested in hygienics and health problems. Virgos have a natural interest in diet, and with the above configurations, the native could be successful in dealing with health food products.

Monthly News Interpreted

Diagnosis by Television

In a recent speech before the Erie County (New York) Medical Society, Jack O'Brine of the Radio Corporation of America suggested that in the future patients may have their cases diagnosed by medical specialists hundreds of miles away. With a television line established, the patient would telephone the specialist who would be able to see the patient before him on the screen. The physician would be able to inspect any external infirmity, and by questioning the patient, could proceed with the diagnosis.

external infirmity, and by questioning the patient, could proceed with the diagnosis.

He also said, "Great surgeons and medical instructors of our day may be seen as well as heard in actual demonstrations by medical students wherever they may be. Moreover, these students, grouped around large-screen television receivers, will be able to see and hear much better than those at the scene of the demonstration."

at the scene of the demonstration."

In the field of public health, Mr. O'Brine believes that actual television visits could be made into tenement districts and to health projects.—Medical Economics.

Each individual has within his or her brain two small organs known to physiologists as the pituitary body and the pineal gland. The physical function of these glands is to secrete certain hormones which are necessary to mental and physical balance. However, the occult scientist knows that these glands are also spiritual centers of activity, the function of which is not commonly known, but which is, in fact, most important to man's future progress.

It is on the action of these two glands that the development of the new "sixth sense," which we are just beginning to hear and read about, depends. When the vibratory power of these glands is stimulated to a considerable degree, the spiritual forces of the two will bridge the gap which now separates them and spiritual sight or clairvoyance will be the result. This degree of sight penetrates all material and physical substances and those who have developed it will need no instruments to assist them in discovering any and all kinds of diseases.

Furthermore, distance is no barrier to clairvoyant sight. The possessor of this faculty has only to focus his consciousness on any person or place, and immediately he is able to see all that is transpiring there. Persons having this sight developed therefore have no need for a telegraphoscope with which to extend their range of vision, for they have an instrument within their own brain which will contact directly that which they wish to see or examine, and not a reflected picture of it. In the meantime, doubtless, television is going to be a tremendous help to physicians in diagnosing disease and to surgeons as well, in their delicate work on the human body.

What Every Child Needs

There is a regular, orderly sequence of growth, development, maturation, and aging, through which every child must pass, each at his own rate of progress.

each at his own rate of progress.

The individual's personality is the result of his persistent way of organizing his experience and his feeling toward life and is expressed in his characteristic ways of believing, thinking, acting, and feeling. Whether a child becomes a well-adjusted adult or not depends on how he reacts to past experiences, especially his forgotten childhood, the influence of which continues to operate throughout his life.

The family is the chief and primary agent for transmitting cultural traditions to the next generation. What the members of the family do to and for the child and how they transmit these traditions will be the matrix out of which the individual child's personality arises. All children need a full measure of the "psychological vitamins"—comfort and reassurance, unconditional love and protection.—Editorial by Clara Savage Littledale in Parent's Magazine, October, 1945.

Our educational system is a heritage from the Middle Ages. There has been very little really radical change in the methods of education since the times of Abelard and the founding of the University of Paris. The chief change has been not so much in methods of teaching as in the extension of educational privileges from the few to the many, the democratization of education, and the freeing of the schools from churchly domination.

Analytic psychology was the first bombshell to be thrown into the educational citadel. No longer so popular as when Dr. Freud launched it into a horror-stricken world, analytic psychology itself has undergone progressive changes and in a modified form is making its contribution to the educational program. The recognition of childhood influences upon subsequent lives may seem merely a repetition of an age-old and "old-fashioned" formula; but the very essence of scientific knowledge is trained observation, and it is this which constitutes the difference between the sentimental pronouncements of previous eras and the scientific pronouncements of modern psychology.

While it is true that the school system generally is too rigid to meet the needs of the individual child, yet every passing year sees an effort made by educators to adapt the school to the needs The intellectual of the individual. training is no longer the sole concern of the teacher, and it is now a popular educational shibboleth that "we do not teach a subject, we teach the child." This is a step in the right direction, a step toward a new and vivified education depending upon real spiritual understanding, and making it possible for the indwelling God, or Ego, of the child, each with its own peculiar imprint of Godhead, to express the diverse glory of creation.

At the same time, the home and family are recognized in true perspective as "the chief and primary agent for transmitting cultural traditions." We may ask, But has this not always been the case? Yes, but with the difference that in previous ages women were ignorant and uneducated, and had very few cultural traditions of any kind to transmit

to their young and impressionable children during those formative years when, according to the Rosicrucian teachings, the sensitive vital body is so open to influence from without. The mother-image in the child's vital body was, at most, one of love, protection, and a natural intelligence; it was seldom the Goddess-image of a mother endowed with wisdom and understanding, the guardian of true civilization.

The education of women is comparatively new in our own Piscean Age civilization, although in ancient Chaldea it was very general, and helps to account for the glorious achievements of the Chaldean nation. It renders explicable the powerful influence exercised by Babylonia upon the captive Hebrews who became the inheritors and transmitters of the Wisdom of Babylon, and known to us in the cabbalistic lore basic to the Teachings of Christian Rose Cross, who, as we are taught, was in fact a great Initiate of the Hebrew schools in the person of Lazarus in the Gospel story.

Yes, it is true that the family is the chief and primary agent for transmitting cultural traditions; and in this very fact we have an explanation of the hereditary priesthoods of antiquity.

But unless the women of a nation have a culture to transmit in the home, civilization cannot long endure.

In frontier society of the pioneer days of the Americas, the schoolteacher was frequently the only educated woman in the community. The housewives might be able to read, write, and "cipher," but could scarcely do more. The schoolma'am was therefore a marked woman, usually unmarried, and was not looked upon as being a real human being like the "normal" married women.

This attitude was inevitable until the standard of education for girls was raised. It is no longer strange to know housewives who have college degrees, and this is perhaps more of a revolu-

(Continued on page 40)

READERS' QUESTIONS

The Scope of Healing

Question:

In an occult book published in England just before the war the following explanation is given for the healing of a woman's cancer, where the doctors and nurses told her the operation was a success, though no operation was performed, as she was too far gone for an operation. The author says: "So much is being done from the angle of vibrations; and it has been demonstrated that disease and health are all a question of varying vibrations and rhythms. If one can shatter the rhythms at a given spot and impose a new tempo upon them, one apparently causes the protons and electrons to re-collect in differing proportions, forming a different pattern, and a tissue or substance of a different kind takes its place. . . . This process proves that within man is a will or force which can act from behind the patterns and designs upon which his tissues are built, and changing their rhythm, can bring forth another design in the same space!"

Do you agree with this, and would you say that every case of cancer can be healed, especially if tissues have been destroyed, as by X-ray or radium?

Answer:

Actually, there is no limit to the power of the Spirit in healing, so we may safely say that any case of cancer can be cured. However, we should remember that the laws of Rebirth and Consequence must be taken into consideration, so that not every person is entitled to phenomenal or instantaneous healing. Cancer, consumption, and leprosy are all the results of the misuse

of the creative force during past lives, and it would therefore require a greater spiritual power to readjust diseased parts of the body of a person suffering from one of these diseases than it would for a less serious difficulty.

The point of vital importance is the change that must come within the individual. If he has sincerely repented, made what restitution he could, and reformed, he may so attune himself to the spiritual forces that a so-called miraculous healing will manifest. The remarkable healings which have taken place at the Shrine of Lourdes are outstanding examples of what can be accomplished by spiritual means.

Regarding the matter of vibrations, Max Heindel states:

"The vital body emits a sound similar to the buzz of a bumblebee. During life these etheric sound waves attract and place the chemical elements of our food so that they are formed into organs and tissues. So long as the etheric sound waves in our vital body are in harmony with the keynote of the archetype, the chemical elements wherewith we nourish the dense body are properly disposed of and assimilated, and health prevails. . . . But the moment the sound waves in the vital body vary from the archetypal keynote, this dissonance places the chemical elements of our food in a manner incongruous with the lines of force in the archetype."

This seems to support the statement you mentioned, that the rhythms of a certain part of (diseased) tissue can be shattered and a new tempo imposed upon them. However, it is essential that this new tempo be in harmony with the original keynote of the body, if permanent results are to be expected. And

we may certainly agree, too, that man has within himself a potentially powerful "will or force," but he only initiates the spiritual healing process. The healing itself comes from a higher source—to which man is linked by the spiritual nature of his being.

As to how spiritual healing is accomplished, we have a vivid picture given us by Max Heindel in his description of the effect of the Spiritual Panacea.

"As the inrushing Christ Life on Golgotha commenced to dispel the shell of fear bred by inexorable law that hung like a pall about the earth; as it started the millions of human beings upon the path of peace and good will, so also when the Panacea is applied does the concentrated Christ Life therein contained rush through the patient's body and infuse each cell with a rhythm that awakens the imprisoned Ego from its lethargy and gives back life and health."

THE SOUL AND THE SOUL BODY Question:

What is the difference between the soul and the soul body?

Answer:

To understand the difference between these two terms it is necessary to know something of the structure of the vital body, or etheric double as it is sometimes (and not accurately) designated. We say that the term "etheric double" to describe the vital body is not wholly accurate because, technically, it is only the two lower ethers which constitute the etheric double of the body. are also two higher ethers, which do not, ordinarily, constitute a double of the body, because they are simply the channels through which the Ego impresses thought upon the brain and through which it receives the sensations coming from the outer, physical world. These two higher ethers do not duplicate the human form, they surround it as a halo. In other words, both the dense physical body and its etheric double (consisting of the two lower ethers) are embedded within the aureole of the two higher ethers, called the light and reflecting ethers. Of these two higher ethers, the reflecting ether is not visible outside the periphery of the body except in the case of great Saints and illumined Initiates, but when it has developed sufficiently, it is visible as a blue aureole.

In the materialist or sensualist, who lives for the pleasures of the body, the two lower ethers are most in evidence; but in the spiritual aspirant, the two higher ethers predominate. The light ether in the latter instance is the color of fine burning gold, symbolized by artists in the golden background upon which our saintly figures are painted, and, generally, the blue of devotion is a smaller aureole within this golden one.

In the spiritual work, an Image in the likeness of the candidate for Initiation, gradually takes form within the substance of the two higher ethers, which together constitute the soul body. This is usually called the Golden Wedding garment, as the fiery gold of the light ether is the element most common at our present stage of evolution.

"But," Max Heindel adds, "though this glorious vehicle is made of the two finest ethers, it could not by any process amalgamate with the Spirit itself, any more than the incense can burn without emitting smoke and leaving behind a residue of ashes. Therefore, by the spiritual alchemy of the Evening exercise of Retrospection, or in the natural process after death, this soul body is burned without the veil—in the First Heaven—and the aroma or soul penetrates . . . to the innermost sanctuary" of the Spirit.

The soul body goes no higher than the First Heaven; there it is left, while its essences or powers (i.e. Love and Wisdom) are taken into the Second and Third Heaven by the Ego. It is therefore said, allegorically, that "the soul is the quintessence of service," meaning the powers acquired through service, which are assimilated by the Ego.

NUTRITION AND HEALTH

Why a Vegetarian Diet?

By G. MERCAN

"With all the sincerity that exists in our hopes for the human race, I beg all those who desire the welfare of mankind and who love truth, to examine impartially the Vegetarian theories."

Percy B. Shelley.



HE word "vegetarian" is generally applied to include all vegetables, fruits, and nuts—

that is, all foods belonging to the plant kingdom—and it is in that sense that the term will be used in this article.

To answer fully the question, "Why a Vegetarian Diet?" we must delve rather deeply, for we are dealing with that eternal mystery: life. We must understand, first of all, some of the basic truths underlying life and being—the purpose of evolution, as well as the nature and constitution of the beings comprising the kingdoms of life with which we deal here on the earth. Above all, we must realize that in every growing thing there is life, and life is spirit.

Occult philosophy teaches us that there is a principle of progress existing throughout the universe, and that the watchword of the conquering Spirit is "Onward, Upward, Forever!" The object of progress, or evolution, is the unfoldment of self-consciousness of spirit, and when God elects to create a solar system in which a degree of this objective is to be accomplished, He limits Himself to a certain portion of space, sets the Cosmic Root-Substance into varying rates of vibration, differen-

tiates within Himself innumerable virgin spirits, which as a group constitute a life wave, and thus sets them out on a long pilgrimage through matter.

At periodic intervals other life waves may be sent forth, until there are several evolving on the same planet at the same time. So it is that at the present time, after three and one-half great days or periods of manifestation, we have here on our earth the four kingdoms (or life waves) known as the mineral, the plant, the animal, and the human. Each life wave has evolved different vehicles and correspondingly different degrees of consciousness, depending upon its age in the evolutionary period of manifestation, and of our four, the human has reached the highest degree.

The consciousness of the mineral is quite low, being similar to that of the human being in the deepest trance. Although interpenetrated by the planetary ether, it has no vital body of its own to enable it to grow, propagate, or show sentient life. (There are four ethers: the chemical, life, light, and reflecting).

Now there is a law in regard to assimilation which states that "no particle of food may be built into the body by the forces whose task that is until it has been overcome by the indwelling Spirit." The Ego, or indwelling Spirit, (and of the four kingdoms only man at present has an *indwelling* Spirit) must be absolute and undisputed ruler in the body, governing the cells completely, or they would go their own way as happens in the decay following death, after the Ego has fled. We reason furthermore that since the degree of consciousness of the cell determines its strength, the dimmer the consciousness, the more easily may it be overpowered and kept in subjection.

Since the mineral has only a dense body and a very dim consciousness, it would seem that it would be the easiest subjected for use in the human body. However, this is not the case because the human organism vibrates so rapidly that it is incapable of assimilating the inert mineral directly. We are highly proficient in manipulating the minerals outside our bodies, but quite powerless to assimilate and use them inside our system to build tissue and organs before the plant life has transmuted crys-Salt and other tals into crystalloids. such minerals pass rapidly through the body without being assimilated at all. The air is full of nitrogen which we need to repair waste; we breathe it into our system, yet cannot assimilate it or any other mineral until it has first been through the transmutation process peculiar to nature's laboratory, and built into plant tissue.

The plant, belonging to the life wave a step higher than the mineral, has been on its evolutionary journey longer than the mineral, but not so long as the animal. It is also penetrated by the planetary ether, as is the chemical, but in addition it has a vital body of its own. In the vital body of the plant only the chemical and life ethers are fully active. Hence the plant can grow by the action of the chemical ether of the separate vital body which it possesses. The light ether is present, but is partially latent or dormant, and the re-

fleeting ether is lacking. Therefore, it is evident that the faculties of sense-perception and memory, which are qualities of these ethers, cannot be expressed by the plant kingdom.

The consciousness of the plant is that of deep dreamless sleep, making it easy for the human Ego to overpower the vegetable cells and keep them in subjection for a long time. Because of this there is great sustaining power in the vegetables, as proved by scientific experiments. The plant is entirely under the domination of its group spirit (a member of the angelic life wave), its individualization not yet having reached the point of freedom from this outside guidance.

In the Rosicrucian Emblem, which conceals and reveals the story of evolution, the upright lower limb of the cross is a symbol of the plant kingdom because the currents of the group spirits which give life to the plants come from the center of the earth where these group spirits are located and reach out toward the periphery of our planet and into space. Having no desire body of its own, the plant is chaste, pure, and passionless. It takes the poison (carbon dioxide) exhaled by man, building its body therefrom, and returns to us the elixir of life, the cleansed oxygen.

In the animal kingdom we find that each animal has its own individual vital body, in which the chemical, life, and light ethers are dynamically active. Hence the animal has the faculties of assimilation and growth, caused by the activities of the chemical ether; and the faculty of propagation by means of the life ether—these being the same as in plants. But in addition, consequent upon the action of the third or light ether, it has the faculties of generating internal heat and sense-perception. The fourth ether, however, is inactive in animal, and it consequently lacks the power of thought or memory. (In domesticated animals a certain degree of these faculties is sometimes "induced"

by association with human beings).

Having in mind these facts concerning the constitution of the members of the various life waves, we can understand the moral difference between using plants for food and taking the lives of animals for the same purpose. It is actually a matter of consciousness. The animals have evolved considerably farther than the plants, having begun to reach the point of liberation, and their withdrawal from manifestation has already commenced. Since they have individual desire bodies, they suffer much more when slaughtered than do the vegetables, which are permeated only by the planetary desire stuff, and are therefore incapable of feeling, desire, or emotion.

Occult philosophy teaches us that there is no life in the universe but the life of God; that "in Him we live and move and have our being." His life permeates and animates everything that is, and therefore when we take life we destroy the form built by God for His manifestation. The animals are evolving Spirits, cells in the great body of God, and their desire for experience causes them to build their various physical bodies. When we take their forms away from them we deprive them of their opportunity for gaining experience here on the earth. Actually, we hinder their evolution instead of helping them. and thus provide ourselves with unpleasant destiny which will have to be met and worked out at some future time. The day will come when we shall have so progressed that a feeling of deep disgust will result from the thought of making our stomachs the burying ground for the carcasses of murdered animals. All true Christians will be abstainers from flesh foods out of pure compassion. They will realize that all life is God's life, and to cause suffering to any sentient being is wrong.

Aside from the moral aspect involved in this matter, however, there are other reasons of a more selfish nature for the advisability of vegetarianism. Since

the cells in animal food have become more individualized (with a correspondingly freer play of the spirit) than those of the plants, and as the animal has a desire body giving it a passional nature, it is not difficult to understand that it requires greater effort on the part of human beings to overcome the individual cell life in animal tissue, the consciousness of which is dreamlike, and make it assimilable than it does to digest and assimilate the vegetables and fruits. Also such particles will not stay long in subjection. Hence a meat diet requires larger quantities and more frequent meals than the vegetable or fruit diet.

Furthermore, every animal body has in it the poisons of decay. The venous blood is filled with carbon dioxide and other noxious products on their way to the kidneys or the pores of the skin to be expelled as urine or perspiration. These loathsome substances are in every part of the flesh, and when we eat such food we are filling our own bodies with toxic poisons. Acidity is much more common among meat eaters than among vegetarians, and sickness is undoutedly increased by excessive use of flesh food.

Those who follow the vegetarian diet escape one of the most serious menaces of health, namely, the putrefaction of particles of flesh imbedded between the teeth. Fruits, cereals, and vegetables are from their very nature slow to decay. Each particle contains an enormous amount of ether which keeps it alive and sweet for a long time, whereas the ether which interpenetrates the flesh and composes the vital body of the animal is taken away with the Spirit thereof at the time of death. Thus the danger of infection through vegetables and fruits is very small, and many are actually antiseptic to a very high degree. This applies particularly to the citrus fruits: oranges, lemons, grape fruit, etc., but the most effective of all is the pineapple, which has often been used with complete success for the dreaded diphtheria, or a septic sore

throat. It should be remembered, too, that the reaction of citrus fruits within the body is alkaline.

Thus, instead of poisoning the digestive tract with putrefactive elements as meats do, fruits cleanse and purify the system, and the pineapple is one of the finest aids to digestion ever known to man. It is far superior to pepsin, and no fiendish cruelty is used to obtain it. In general, fruits may be said to be an ideal diet. They are in fact evolved by the tree to induce animals and man to eat them, so that the seed may be disseminated, as flowers attract bees for a similar purpose. When they are fully matured, the ensouling life departs, and the spirit of decay sets in.

Numerous health food stores and cafeterias in the country attest to the growing popularity of fresh fruits and vegetables and their juices. More numerous on the West Coast, they are also to be found in the East. A recent article in Collier's tells of a man who "runs a small, highly successful food shop on the fringe of New York's theatrical district, where he serves frothy vegetable inices. salads. and vitamin-packed sandwiches over the counter to the sundry people, from secretary to celebrity, who drop in."

Not least among the advantages of the vegetarian diet is the fact that the twelve salts required for the building of the body, and which represent the twelve signs of the zodiac, are not mineral salts as generally supposed, but are vegetable. The mineral, as previously pointed out, has no vital or life body, and it is only by way of this etheric vehicle that assimilation is accomplished. Therefore, we have to obtain these salts by way of the vegetable kingdom. Many people seem entirely unaware that fire used in cooking drives out and destroys the vital body of the plant, just as cremation affects the human body, and leaves only the mineral parts. Therefore, if we desire to renew the supply of any salt in our bodies, we must obtain it from the uncooked plant. So we find substantial reasons for the superiority of the vegetable diet, but there are a number of points one should consider before changing from a meat diet to a meatless one. Perhaps the most important of these is that the change should be made gradually. Any drastic change in diet naturally brings a corresponding reaction in the body, and may occasion considerable discomfort. It is essential, therefore, that the physical mechanism be given time for a gradual adjustment to different food.

This also applies to changing from cooked to uncooked food. As we have noted, cooking drives the ether from the plant cells, along with many of the valuable vitamins and minerals, and we can easily see why the effect of uncooked food is quite different from that of the cooked. Naturally, the uncooked foods raise the vibratory pitch of the body, and over-sensitivity may result. A gradual change, however, gives opportunity for the necessary adjustment, and no discomfort need be felt.

It has been observed that the vegetarian diet generates an abundance of energy, much more than flesh foods. This energy is not only physical but spiritual, so that if a man leads a sedentary life and is of a material disposition, engaged, perhaps, in sordid business transactions or in other lines of strictly material endeavor, this spiritual energy can find no vent and is apt to cause systemic disturbances. Only those who live an active, outdoor life, where the abundance of energy generated by the vegetarian food can be thrown off, or who transmutes that energy into spiritual endeavor, can thrive on the vegetarian diet.

In the meantime we observe that plant life is growing more sentient. The lateral limbs in trees (the most advanced of which are said to be the fruit trees) produce more abundantly than do the vertical branches because in plants, as in human beings, consciousness results from the antagonistic activities of the desire and vital currents.

Lateral limbs are swept through their entire length by the desire currents which circle our planet and which act so powerfully in the horizontal animal spines. The desire currents rouse the latent plant life in the lateral limbs to a higher degree of consciousness than is the case with the vertical branches, which are traversed lengthwise by vital currents radiating from the center of the earth. Thus, in time, the plants will also become too sensitive to serve as legitimate food and another source will have to be found.

Although the evidence points toward the superiority of the vegetarian diet, we should nevertheless remember that flesh food and alcohol have played a very definite part in the world's progress, and were it not for them we should not be enjoying many of the comforts and labor-saving devices which make life in the Western world so much more pleasant and comfortable than in earlier times. Nor is the day of their usefulness past. They are still necessities in the lives of many people, and spiritual aspirants should keep in mind that an attitude of haughty disdain for those who still use flesh foods, or are subject to alcoholism, may be far more subversive of spiritual growth than the actual partaking of meat or intoxicants.

In the last analysis, we are taught emphatically that the change ought to come from within, and it should not be dictated entirely by a consideration of the healthfulness of vegetable food, nor by the spiritual acceleration to be gained from a diet prepared without flesh. The highest motive, which we must eventually attain, should be that of compassion for the poor victims which are slain to appease our appetites. If we can inculcate a spirit of compassion, the desire for flesh food will soon vanish.

In the earlier stages of his evolutionary unfoldment, man was like the present animals in some respects. However, as his destiny is to become Godlike at some future time, he must cease to destroy in order that he may commence to create. It is acknowledged that flesh food has fostered human ingenuity of a low order in the past. It has served a purpose in our evolution, but we are now on the threshold of a new age. Self-sacrifice and service to others are to be the keywords for those who would progress. The unfoldment of the mind will bring a wisdom beyond our greatest conception, and before it will be safe to entrust us with that wisdom, we must become as harmless as doves. Otherwise we should be apt to use it for such selfish and destructive purposes that it would be an inconceivable menace to our fellow men.

Certainly we have during the past year become more acutely aware than ever before of the vast responsibility of knowledge. The bringing into manifestation of such modern miracles as radar, jet propulsion, and the atomic bomb, has forcibly impressed thinking people with the necessity for development along spiritual lines. It becomes more and more obvious that for man to become a fit steward for the secrets of nature he must lose his desire to kill and destroy. He must unfold the qualities of the Higher Self, and vegetarianism is an essential for the accomplishment of this goal.

WHAT EVERY CHILD NEEDS (Continued from page 33)

tionizing force than anything else in our society. It means that a constant intellectual leaven is at work in the family, and many a young child receives its first professional training at the hands of its mother who is able to recognize the psychological trend of her offspring. It means also that a subtle but real occult power invades the field of education from the great basic feminine Principle of nature, and without which all progress is at an end, but with which we may rear and maintain a civilization surpassing any Utopia ever dreamt of.



Partnership With God

when glancing OMETIMES down a printed page, the eye is suddenly caught by a sentence that may have influence on all the

years to come; and in the following quotation there is a whole sermon:

"I just kept on praying as if everything depended on God, and kept on working as if everything depended on me. "

That statement can beneficially be applied to most, if not all, of life's activities and perhaps in no other field more successfully than health. When, in all sincerity, with all the power of complete faith in the Great Physician, we pray as if everything depended upon Him, we have formed a partnership with God.

Every partnership carries an obligation and we have a responsibility to God. We have our part to do-we should carry our attitude of faith out into action and act as if everything depended on us; and in cooperation with Him we are transforming our trust into daily actions.

All of us should awaken to our deep possibilities and powers, realizing that with our first earnest cry for help a divine spark is kindled within our beingcontact is established between us and the Source of All-Good-we stand at one end of the line. In this position we have opportunity to help-be it ever so little-in spreading that good on earth, a good which we also share.

As we carry out our responsibility in this partnership with God, we will work as if everything depends on uswe will remember that our deeds, our words, and even our thoughts, reach out beyond possible calculation and into the lives of others. Upon such a foundation we will build the true values of life.

Again we request our friends and patients to join us in sending out healing power that is so greatly needed at present. Our healing service is held at the Temple every evening at 6:30, and in the Pro-Ecclesia, when the Moon is in a cardinal sign, at 4:45 P.M. on the following dates:

December 6—13—19—26 January 2— 9—15—22—29 February 5—12—18—26

Relax, close your eyes and make a mental picture of the pure white rose in the center of the Rosicrucian Emblem on the west wall of our Ecclesia, and concentrate on Divine Love and Healing.

PATIENTS' LETTERS

Trinidad, B.W.I., September 2, 1945. The Rosicrucian Fellowship Dear Friends:

I beg to thank you for your reply to my tter. I am more than glad to be able to report that the trouble in my knees cleared up in the meantime and I am able to run again. I can walk distances and up hills and steps with far less discomfort than I have been able to do for more than a year past.

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The Rosicrucian Fellowship

Oceanside, California, U.S.A.

Great credit is due, I am sure, to your Healing Department, and I am truly grateful. I was often aware of a tingling sen-6:30 healing services, and am happy in believing this is due to the Invisible Helpers. -Miss O.D.

Missouri, September 10, 1945. The Rosicrucian Fellowship

Oceanside, Calif. Dear Friends:

My condition still seems to be improv-ig. There has been no recurrence of the hip trouble since first writing you. However, you can perhaps judge my condition better than I.

Thank you again for the wonderful work that is being done for me through the Rosicrucian Helpers.

California, September 19, 1945. The Rosicrucian Fellowship

Dear Friends:

The relief from physical pain is so overwhelming I am conscious of a renewed desire to work to repay the gift of healing. I am thankful for the opportunity to be taught a lesson, given discipline, and directed in service. Thank you,

-B.C.

California, September 4, 1945. The Rosicrucian Fellowship Oceanside, Calif. Healing Dept. Dear Friend:

Since last week at this time there has been a miraculous improvement. The constant pain has gone, and I am at peace.

How can I thank you, except in as great service to others as possible?

In gratitude,

-B.C.

To Restore Your Health

YOU MAY SOLICIT the aid of the Invisible Helpers who work on the body of the patient during sleep. They are under the instruction of the Elder Brothers of the Rosicru-cian Order. Contact with them is made through application to the made through application to the Healing Department, and maintained by a weekly report. You will receive suggestions on diet, exercise, etc. in harmony with the work of the Invisible Helpers. This Department is supported by free-will offerings. If you are ill and would like to avail yourself of the help to be obtained through this system of healing, address

THE ROSICRUCIAN FELLOWSHIP Oceanside, California, U.S.A.

Children's Department



Little Oliver Earthworm

By MRS. EUGENE T. McCoy

(CHAPTER ONE)



ROM the moment little Oliver Earthworm was born, he was aware of things. He couldn't

see, for he had no eyes; he couldn't have eyes, for he had no head. There was just a short length to his body, which was thin and sort of transparently white, quite like a bit of thread, except for the transparency. Unless one looked very closely, he could not see any difference one end from the other.

Several of Oliver's cousins, however, who were consuming tid-bits of cornmeal nearby, looked a lot different. They were ten days older than Oliver, and in the lifetime of an earthworm this means they were nearly one-sixth grown.

With nothing but a mouth, these cousins were digging and eating at the same time, swallowing everything in their paths as they went wriggling along. Their "heads" were no more than "slightly swollen top ends," and their "tails" were as ever so "slightly tapered."

Oliver enjoyed the beautiful red of their bodies. Having no eyes, of course Oliver could not see these cousins. He felt them. He felt their color much as humans hear deep musical notes.

Oliver knew himself as plain white, and he also knew his elder brothers, who had hatched from their eggs only a day or two before him, were darker and scarcely any color at all. Some of them seemed a cobweb shade (though Oliver did not know that a cobweb ever was), while others resembled living jewels of shell-pink.

Oliver concentrated upon the gorgeous red relatives. They paid no more attention to him than if he were still in the egg. One of them could have been his father. Any of them could have.

So Oliver pondered on which earthworm might have been his father. What Oliver did not know was that age interfered with his supposition that any one of these fine red earthworms could be his father. They looked grown, and were in size and color, but earthworms are fully grown only after two or three months. Oliver gave them all the "once over." He chose a particularly active earthworm, one that seemed to Oliver's sense of perception to be perfect in color and in energy. To this one he addressed his questions.

"I hope I grow fine and beautiful, as you are," began Oliver. "Perhaps you can and will advise me."

Peter earthworm drew his head out of the point he made of it when he wanted to shove himself into food. Peter's mouth, which appeared to be a tip of mother-of-pearl, pursed out and

in. Then Peter brought his head back up round again, considering Oliver's request. Oliver felt impatient. Peter perceived Oliver's annoyance, but Peter would not hurry. He had found out that often, if one waited long enough, the answer did not need to be found for the inquirer. The inquirer figured it out for himself. So Peter breathed through his skin as earthworms do, for they have no lungs, showing separate red rings each time the colorless blood corpuscles floated to the surface.

It made Peter's lovely red body look like red and gelatin stripes instead of all red, as Oliver had decided at first. The gelatin stripes went around, not down, and constantly expanded the red segments. Oliver watched, fascinated, and Peter waited. Peter realized that Oliver was sensing his construction. This is what Oliver really was doing. He slowly and silently became aware of everything about Peter, and neither of them had any eyes, as I said before. It's the same with blind humans who learn to perceive a great deal about the essence of the world, learning ofttimes more basic facts than do thousands with functioning eye organs. Peter kept up his regular absorption of oxygen, remaining still, for an earthworm. His long body (four or five inches to Oliver's quarter inch), showed no movement besides breathing.

Then, as if Peter had answered his first question, Oliver asked a second. "The pink band, the collar, below your head, Peter, will I have one like it?"

Peter answered this one, in worm language.

"No doubt. I didn't have one when I was your age. At least no one could find it. When you have lived for sixty or seventy days it is fully formed, precisely as mine. This band is our mark of distinction from all other worms. Only earthworms have it. Under this band our seeds are made. When you emerge above ground to eat grass elippings which the lady in the garden

placed for us around this begonia bed where we are now living, you face east and there are ageratum plants producing seed within their blossoms. Observe them. It will help you to understand as you watch them with your apprehension. Oh, I forgot, a few leeches and a few water worms have a band but they are not of the high breeding that we are. Our species has been carefully developed. It took a long time to find even the right parents to produce such aristocratic earthworms as we Many years.

"The Brandling and Orchard worms were finally selected as possessing the required superior characteristics. Brandling made no mounds above the earth and remained satisfied to live in the same place. These two points were fine, for flower beds remained neat and the worms stayed put. However, this half of our ancestors stayed close to the surface, so the Orchard worm was chosen for our other ancestor because it burrows deep, staying much of the time ten and twelve feet below, so that roots are well cultivated. We, being the off-spring of both these desirable creatures, have the best qualities of each in one worm. I will add that in the beginning, all the weak earthworms were not allowed to live, and now there is never any but fine, healthy earthworms among us."

Peter was on his favorite subject. He was proud of his royal lineage and could always be depended upon to expound upon the worth of his family. Oliver was impressed.

"My, we really are something," he marveled. "How did all this research and experimentation come about? Did the Brandling and Orchard worms agree among themselves, or was it the order of some gardener?" little Oliver wanted to know.

"No," Peter replied. "Neither, really. It was a man who made a lifetime study of what he called the 'most important little animals in the world."

"He was intensely interested in the habits and work of the earthworms, and in teaching people how to cooperate with us in raising finer, healthier flowers and vegetables. With the help of other humans he made countless experiments with us and spent much time in showing his associates how to work with us properly. Now there are books which give valuable information concerning our habits and work. More and more humans are realizing how important we are in making the soil productive."

"My," said little Oliver, wondering how Peter knew all this.

Peter went on, for he had a power of comprehension that did not need the formation of even worm words.

"How do I know?" he flashed at Oliver. "I am very old. More than five years. I was well acquainted with the people who made the study of us. I have been under their observation and like them so much that I performed in every way that I could imagine would be of interest or benefit to them. Such kind, gentle folks, and so quick to grasp. We never did converse, of course, but the way I behaved indicated to them what my reactions in certain circumstances would be."

"O-oh, what is that?" cried little Oliver, as water began to seep in all around him. "How delightful."

"Yes," Peter sighed with worm contentment, "this is water. The lady in the garden is irrigating. She knows that earthworms require plenty of water, and is careful to see that we are never without it. Now you better relax and enjoy your water, Oliver. You are very young and it is not wise to overtax. Especially would it be unwise in the case of one who shows such promise as you. There is always an instructor for the earnest student and no need of haste in absorbing information."

Little Oliver beamed with joy at Peter's compliment. Peter matter-offactly did not notice. He hadn't meant

a compliment. He spoke the truth, that was all. He started off, then paused to call, "Later, when darkness falls, you may accompany me to the air above the earth where we will find coffee-grounds and vegetable parings and tops laid out for us tonight. Tomorrow, there will be other delicious articles of food about which I will tell you. The lady of the garden keeps us supplied with a variety so that we will be well nourished. She is rather methodical, so I am positive what is on the menu every night. Some of the earthworms would like a surprise and occasionally we get one, but personally I am grateful to have our diet planned. Bye now."

Peter thrust his head into some organic matter and leaves, gobbling a hole for his body as he wriggled very fast out of sight.

Oliver gave himself up to the utter luxury in the soggy earth, nibbling hungrily on the particles of milk-curd which the lady of the garden had rinsed from her bottles, happily anticipating the delightful excursion in the evening with Peter.

(To be continued)

"IN THE WOODS"-

"In the woods is perpetual youth. Within these plantations of God, a decorum and sanctity reign, a perennial festival is dressed, and the guest sees not how he should tire of them in a thousand years. In the woods, we return to reason and faith. There I feel that nothing can befall me in life-no disgrace, no calamity (leaving me my eyes), which nature cannot repair. Standing on the bare ground-my head bathed by blithe air, and uplifted into infinite space—all mean egotism vanishes. I become a transparent eyeball; I am nothing; else I see all; the currents of the Universal Being circulate through me; I am part or parcel of God!"

-Ralph Waldo Emerson

MT. ECCLESIA NEWS





T. ECCLESIAITES were reminded that All Hallows' Eve had arrived and that "mis-

chievous spirits'' were abroad when the big bell was rung clamorously from its tower near the dining hall about 9:30 P.M. Later some of the residents were visited by young pranksters in search of bribes—cake or candy preferred—to guarantee their good behavior.

Thanksgiving Day seemed made-toorder in the Oceanside vicinity. Southern California's peculiarly invigorating sunshine was out in all its glory,
and there was just enough autumn tang
in the air to make it thoroughly exhilarating. The dining room was tastefully decorated with lovely autumn flowers and berries, and a goodly crowd of
workers and visitors enjoyed the bountiful and delicious Thanksgiving dinner
of the vegetarian dishes for which Mt.
Ecclesia has become locally famous.
"For all Thy blessings, dear Lord, we
humbly thank Thee."

A feature of the day's festivities—and a complete surprise to many—was the arrival of our David Brown and his bride of a day, the former Miss Pearl Mary Marsh of Long Beach. The table reserved for the bridal party became the center of much friendly interest, as congratulations and good wishes were showered upon the bride and groom. The newly-weds will make their future home in Encinitas, where we understand, they expect to build. (We shall miss your happy, smiling cheer, David!)

Among others greeted at Mt. Ecclesia during the Thanksgiving Season was former worker Cpl. Edward Adams, who was one of the first big group to return from England on the Queen Mary after V-Day. "Eddie" spent three years in the medical corps of the Army, having been stationed in Northwest England for nearly a year where he did at-

tendant ward duty for the sick and wounded. Now discharged from the army, and looking quite physically fit, he seems happy to be back home in the States.

Genial Mr. Kornelius Bering of San Francisco, who has visited us from time to time for many years, was recently with us again for a fortnight. In August of 1931 this friend gave us an inspiring violin concert which is still remembered by those who were here at that time. During the war Mr. Bering was busily engaged in government work, so that he had to lay aside his beloved violin—much to his regret, and ours.

With the true spirit of giving service where the need arises, Sulo Lampi, who has come to visit us again, is "pinch-hitting" as a worker on the grounds. We are hoping that his temporary assistance may become permanent!

Those who enjoy the beauties and mysteries of Mother Nature find numerous opportunities on the grounds at Mt. Ecclesia to pursue their study of her intriguing ways. One of the most interesting specimens of her handiwork brought to our attention lately is a lovely "Gemini" acacia tree—or we should say "trees," for there are twogrowing near the Healing Department Building. The two tree trunks grow side by side, about five or six inches apart, for some thirty or forty inches, then each branches into two parts, the inner trunks intertwining for about a foot and a half. The branches growing out from each tree give a completely symmetrical arrangement, as if carefully fashioned by a very wise and careful member of the angelic life wave. Perhaps there were human hands, also, that helped with the early "training" of the trees, we have been reminded, but even so, the result is one to excite the interest and appreciation of all nature and astrology lovers.



Center and Study Group Activities

Of The Rosicrucian Fellowship



E ought systematically to set aside a certain time at intervals to think forward and plan

for the future life—what sort of a body, what faculties, virtues, and environment we wish. When we are able to make our choice intelligently, we are undoubtedly given a great deal more latitude than if we had not thought about the matter at all.—Max Heindel.

The approach of a New Year even brings the urge to make a fresh start toward some coveted goal, the spiritual aspirant naturally anticipating the attainment of greater spiritual heights during the coming period. Whether we have in mind one year's accomplishment, or a much longer span of time, matters not, actually. "It is scientific to plan ahead," as Max Heindel pointed out, and to be scientific is to be in line with the trend of times.

The first prerequisite for making plans for future spiritual accomplishment is a spiritual stocktaking. We must probe deeply and judge impartially. Are we tolerant? Kind? Loving? Having answered honestly, we are in a position to decide just what we need to emphasize in our future efforts. Of prime value in this stocktaking is the opportunity for learning to see clearly—in an entirely unprejudiced manner. Thus we take a step toward the impersonal attitude, a definite goal on the spiritual Way.

This applies to groups as well as to

individuals. Those conducting the work of any spiritual group may pave the way for much real accomplishment by getting together in a spirit of mutual cooperation and desire for greater service and making specific plans for future work to be done. "It will be bound to have a wonderful effect upon the future of ourselves and the future of the world about us."

VANCOUVER, B. C., CANADA.

From the friends of this Center come reports indicating that efforts to carry on the Work continue with the usual persistence and desire to serve "in His vineyard." A well-sustained attendance at both classes and Services bespeaks gracious appreciation for the assistance given by those trained through years of unselfish endeavor to share with others their gleanings of spiritual wisdom and understanding. The "oldtimers" in the Work have a particularly golden privilege in assisting the younger students to adapt the Western Wisdom Truths to practical everyday living-to apply with love the intellectual knowledge gained.

ST. PAUL, MINNESOTA.

The list of activities of this always earnest Group is encouragingly comprehensive, including not only the regular classes and Sunday Devotional Service, but also the Probationers' Meeting and Healing Service. When we realize that no thought or word is lost, that every one may thus contribute to the Cause of

The Rosicrucian Fellowship

AN AQUARIAN MOVEMENT

A spiritual Religion cannot blend with a materialistic Science any more than oil can mix with water. Therefore, because the Great Leaders of humanity saw the tendency toward ultra-materialism which is now rampant in the Western World, they took steps to counteract and transmute it at the auspicious time. They did not wish to kill budding Science as Science had earlier strangled Religion, for they saw the ultimate good which will result when an advanced Science has again become a co-worker with Religion.

Centuries have rolled by since a high spiritual teacher having the symbolical name Christian Rosen-kreuz—Christian Rose Cross—appeared in Europe to commence this work. He founded the mysterious Order of Rosicrucians with the object of throwing occult light upon the misunderstood Christian Religion, and to explain the mystery of Life and Being from the scientific standpoint, in harmony with Religion.

The Rosicrucian Teachings are given to the world by means of The Rosicrucian Cosmo-Conception and other works of Max Heindel, Initiate and Seer, and authorized messenger of the Rosicrucian Order, and by Correspondence Courses in esoteric Philosophy, Scientific Astrology with spiritual interpretation and Bible Study which gives the occult or hidden meaning to many scriptural passages. These lessons are not sold; it is contrary to Rosicrucian principles to give spiritual aid for a material consideration. Students' voluntary offerings largely support the expense of printing, postage, etc.

printing, postage, etc.

A written request to be enrolled in any of the above mentioned classes is all that is necessary. THE ROSICRUCIAN FELLOWSHIP considers it a sacred privilege to promulgate these uplifting and inspiring Teachings.

inspiring Teachings.

THE ROSICRUCIAN FELLOWSHIP Oceanside, California, U.S.A.

Christ, we become more fully aware of the importance of conducting spiritual services regularly, even though the attendance be less than desired.

A recent election of officers brought in a number of new servers, who are earnestly making plans for future accomplishment in effective Center work.

SEATTLE, WASHINGTON

The secretary of this Group writes encouragingly that, "Although the attendance is nothing unusual, it remains quite steady. The Wednesday evening Class is attracting new students, who come back again. Activities during the day are quite good, the reading room being open from one to three daily except Sundays."

We are especially glad to hear of the reading room being kept open, for this is undoubtedly one of the best ways of placing the Philosophy within convenient reach of those looking for a solution to life's problems.

Some wise person has said, "When we become partners with God in His work, He becomes partners with us in our work." An encouraging sentiment, surely, for all our Group "servers"!

Lists of Dealers and Centers

We publish in alternate issues of this Magazine complete lists of dealers carrying The Rosicrucian Fellowship publications; also lists of the Study Groups and Chartered Centers of the Fellowship, both in the United States and abroad. These lists are omitted in the intervening issue in order to make the space available for our articles and notices. This applies to the present issue. Anyone wishing to obtain the name and address of any Dealer or the address of any Center or Study Group will find these in the December issue. They will also be printed in the February number.

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To This Magazine

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